



FiTO
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READY IN STOCK
2026/27

**SHOE FOR
THERAPEUTIC AND
POST-OPERATIVE USE**

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WELL WALKING

No compromise on health

The research

Well Walking SRL is an Italian company that develops innovative products for foot wellness.

The highly skilled design expertise of Well Walking is ensured by its in-house research center, Design & Develop, which since 1990 has been developing projects in the sports and orthopedic footwear sector using the latest technological resources. Each product is conceived and created with the aim of addressing the specific needs of the patient.

This wealth of experience, spanning across multiple sectors, allows for a vast product expertise to consistently identify innovative solutions.

Well Walking also has considerable experience and expertise in the orthopedic sector, from which its team members originate.

FITO The brand

The Fito brand originates from a teaching passed down from Japanese culture: Fito means "feet" in Japanese. Ancient Japanese people had realized that to provide stability to the feet and back, it was necessary to find an alternative solution to traditional clogs, thus they developed special fulcrum clogs called "geta" sandals.

Geta sandals were characterized by a base on which the foot rests and one or two fulcrums that improved stability and comfort.

The enduring teaching is that of respecting the harmony of foot support on the ground, allowing it to roll.

This is the principle that inspired us.

Our corporate mission is clear: to bring wellness to people through innovation. This mission stems from the desire to provide consumers with a product that is designed without compromises on health and safety.

The products, developed by a cutting-edge Research & Development division, always arise from the analysis of clinical problems, and the product solution is subsequently achieved in collaboration with top specialists in the field.

Rigorous product control is conducted through laboratory tests aimed at ensuring consumer health both in the design phase and during subsequent production. The well-being of individuals is pursued not only by improving the lives of those who purchase FITO products but also through sustainable choices such as recycling practices and the use of renewable energy. Indeed, the company utilizes solar energy for all its operations.



The search for lost harmony

The human body in an upright position is in perfect balance. One of the most complex tasks of our body is to keep us in an upright position and in balance while we walk. Traditional footwear supports and directs the feet in a non-natural way, creating a whip-like effect that stresses the foot with vibrations (specifically the metatarsals, heels, knees, and back) and does not take into account the pathologies that manifest with age. The body adapts to asymmetries and issues to find temporary relief, but

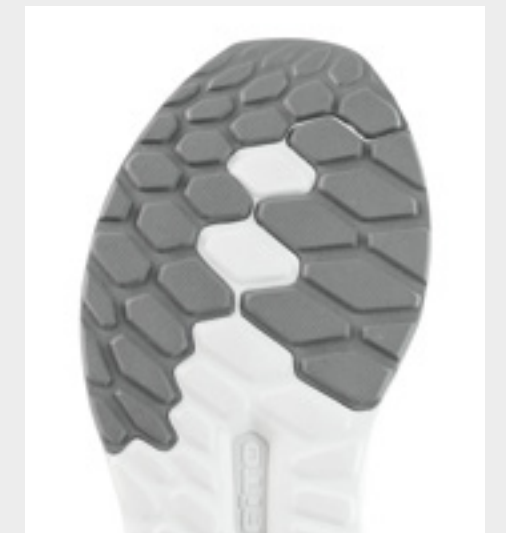
actually creates overloads on muscles and tendons, thus shifting the problem without correcting it. The solution lies in addressing specific problems with specific corrections, thus avoiding creating new imbalances. FITO products aim to correct walking patterns by relieving joints, back, tissues, and foot ligaments.

Unique solutions thanks to multidisciplinary

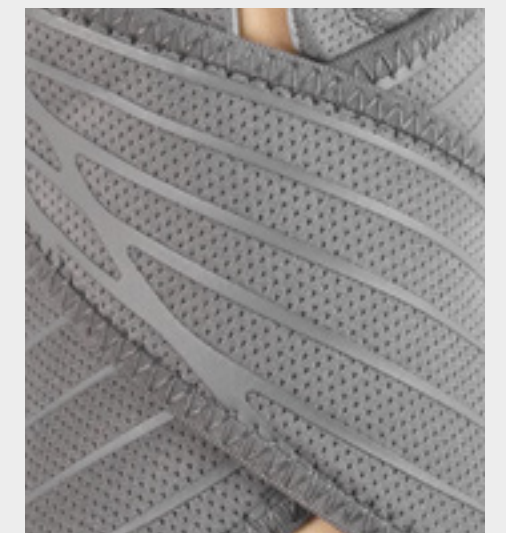
We believe in multidisciplinary; there is no single solution, but unique solutions, because every human being has their own peculiarities. The right response to problems can be achieved through the synergistic action of specialists, products tailored to specific conditions, and supervised and guided physical exercise. We fully acknowledge that sometimes surgery is the only viable path. Protected, guided, and consistently practiced physical exercise is undoubtedly of great help. Our products complement this practice, which alone may hardly guarantee a prolonged and definitive result.



Model W, shoes for winter and wet conditions



Outsole with ultragrip inserts.



Adaptive cross-over containment closure without pressure points.

Well Walking takes care of the foot even after necessary surgical interventions: hallux valgus, fractures, heel ulcers, etc. We use only the most advanced materials, which, combined with sophisticated design techniques, ensure safety at the highest level. A proper operation requires proper post-operative support to not compromise the outcome of the operation itself. The operations we aim to support are at the forefoot, midfoot, and big toe.

Our footwear styles are:

FOREFOOT GREY

Post-op footwear that shifts the weight off the forefoot and to the heel, with an 8-degree inclined offloading sole.

MESOFOOT BLACK

Post-op footwear designed for the treatment of diabetic lesions on the forefoot and midfoot.

ALUX LIGHT GREY

Post-op footwear for bunion (hallux valgus) and mallet toe surgery.



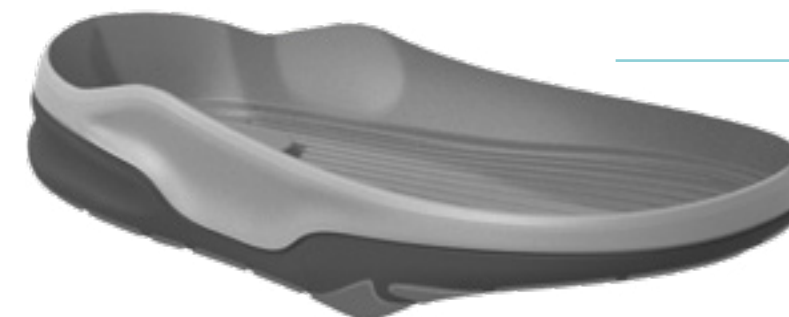
ADAPTIVE UPPER

With a Velcro closure and crisscross elastic straps



RIGID SHANK

Nylon



EVA SOLE

Post-operative technology

One of the most complex tasks carried out by the body is keeping us upright and balanced as we walk. Fito has found a solution with its Rebalance® system. Fito designed this special sole to help reduce concentrated pressure in acute and post-op or trauma phases, and to avoid the re-occurrence of ulcers by overloading due to poor posture. The sole is composed of a moulded EVA sole which encapsulates a rigid shank, making these post-op shoes RIGID. This allows the wearer to have full control over their

stride and to distribute bodyweight evenly and comfortably, without putting too much pressure on the metatarsal or other specific areas. Our Rebalance® sole ensures that the weight is distributed across the surface of the sole and not just on one point. The use of a RIGID SHANK makes it possible to keep the foot in the right position, and the rolling motion granted by the EVA outsole ensures fluidity between one phase of the stride and the next. The result is stable post-operative progress and expedited recovery.



Post-operative adaptive technology

When it comes to the construction of FITO post-op footwear, ADAPTIVE technology ensures that the shoe wraps around and evenly stabilizes the foot, thereby eliminating pressure points and the frontal and lateral movement of the foot within the shoe. The unique, innovative cross-strap closure in an elasticated material is an industry breakthrough, allowing for superior comfort while also providing support, which in turn reduces recovery times. The edge along the toe is designed to keep a cushioning insole in place and to PROTECT the foot from harmful impact and trauma after surgery.



The FITO range of products makes it possible to combine the MESOFOOT BLACK and the ALUX styles with almost any other type of therapeutic, recovery or relaxation footwear from the FITO line.*



*The materials and sole rocker, featuring different profiles and densities, may sometimes create a perceived difference in the walking experience. This is attributed to the specific requirements of the different product lines.

FOREFOOT GREY

PS0101 SIZE 33-34/45-46

EVERY TWO SIZES, AMBIDEXTROUS.

Technical data sheet and gauges
<https://wellwalking.it/it/post-operatorio/scheda-1/>



This is a post-operative shoe designed for the treatment of fractures, inflammatory conditions, or pain in the front part of the foot. The 8° talism sole rebalances the load from the forefoot to the rearfoot, making the product perfect for the treatment of interdigital ulcers and forefoot ulcers. The upper adapts to the different sizes of the foot to be accommodated; its special construction allows for the containment of the bandaged foot, eliminating any pressure points; heel stabilization is guaranteed by the anatomical construction of the product, avoiding heel rotation during the contact and mid-distance phases. It is possible to insert a selective discharge insole.

PATHOLOGIES

TREATMENT OF FRACTURES
TREATMENT OF INFLAMMATORY CONDITIONS
PAIN IN THE FRONT PART OF THE FOOT
INTERDIGITAL AND FOREFOOT ULCERS
TREATMENT OF HALLUX VALGUS

FEATURES

- FIT: Variable
- SOLE: 8° talism rigid
- HEEL: 18 mm
- UPPER: Soft nylon; blocked heel
- LINING: Seamless
- TECHNICIAN'S ADVICE: Secure the medial strap first, then the outer strap
- CATALOG NUMBER: 2505317/R

Compatible with MODULAR discharge insole
IS 0401 SIZES 33-34/45-46



MESOFOOT BLACK

PS0201 SIZE 33-34/45-46
EVERY TWO SIZES, AMBIDEXTROUS.

Technical data sheet and gauges
<https://wellwalking.it/it/post-operatorio/scheda-2/>



This post-operative shoe is designed for the treatment of hallux valgus, diabetic ulcers on the forefoot and midfoot. The rigid biomechanical sole provides greater stability, allowing the patient to walk safely without the use of crutches; the rigid sole reduces the risk of re-ulceration in diabetic patients by over 50%. The 8° Talism insole, included in the package, transfers pressure from the forefoot to the rearfoot due to its 8° inclination. The upper adapts to the various sizes of the foot to be accommodated; its special construction allows for the containment of the operated foot, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-stance phases. It is possible to insert a selective discharge insole. The sole, thanks to its configuration, helps simulate a natural walking gait.

PATHOLOGIES

DIABETIC ULCERS ON THE FOREFOOT
DIABETIC ULCERS ON THE MIDFOOT
HALLUX VALGUS TREATMENT

FEATURES

- FIT: Variable
- SOLE: Rigid biomechanical
- HEEL: 34 mm
- INSOLE: 8° Talism insole
- UPPER: Soft nylon; blocked heel
- LINING: Seamless
- STABILIZING COUNTER
- TECHNICIAN'S ADVICE: Secure the medial strap first, then the outer strap. In case of forefoot ulcers, the specialist doctor may prescribe a modular (flat) insole to relieve the operated/ulcerated area.
- CATALOG NUMBER: 2514464/R

Compatible with MODULAR discharge insole
IS 0401 SIZES 33-34/45-46



Soletta talismo IS 0402

ALUX LIGHT GREY

PS0301 SIZE 33-34/45-46
EVERY TWO SIZES, AMBIDEXTROUS.

Technical data sheet and gauges
<https://wellwalking.it/it/post-operatorio/scheda-3/>



This is a post-operative shoe indicated following minimally invasive and percutaneous operations of the forefoot; it can also be used with a bandaged foot. The rigid biomechanical sole ensures both unloading pressures from the operated forefoot and facilitates walking. The sole, thanks to its configuration, helps simulate a natural walking gait. The upper adapts to the various sizes of the foot to be accommodated; its special construction allows for the containment of the operated foot, eliminating any pressure points; heel stabilization is guaranteed by the anatomical construction of the product, preventing heel rotation during the contact and mid-stance phases.

PATHOLOGIES

TREATMENT OF HALLUX VALGUS, CLAW TOES,
OR HAMMER TOES
IN CASES OF FRAGILE SKIN AND SENSITIVE SKIN
DORSAL, INTERDIGITAL, SUBUNGUAL ULCERS

FEATURES

- FIT: Variable
- SOLE: Rigid biomechanical
- HEEL: 34 mm
- UPPER: Soft nylon; blocked heel
- LINING: Seamless
- LOW COUNTER
- TECHNICIAN'S ADVICE: Secure the medial strap first, then the outer strap
- CATALOG NUMBER: 2514468/R

Compatible with MODULAR discharge insole
IS 0401 SIZES 33-34/45-46



Our footwear combines the style and practicality of athletic shoes with the specific features required by people affected by diabetes, rheumatism, obesity, toe deformities or postural issues. Each pair is carefully designed to correct and/or support a wide range of conditions, including diabetic foot, excessive pressure on the metatarsals, instability and gait difficulties, foot deformities, swollen feet, fragile skin, reduced elasticity, and diminished leg muscle tone.

Fito therapeutic footwear is now also available in size 14, with a Nubuk leather upper that provides increased internal volume and materials specifically designed to withstand cold winter temperatures and adverse weather conditions.

MODEL 1

Footwear with a rigid biomechanical sole featuring Rebalance[®] technology and an Adaptive elasticised upper in size 12. Suitable for normal feet and designed for use with insoles. The 3D mesh upper, constructed without internal seams, adapts perfectly to the shape of the foot, reducing friction and enhancing overall comfort.

MODEL W

Footwear with a rigid biomechanical sole featuring Rebalance[®] technology and an Adaptive elasticised upper, with a size 14 fit. The larger internal volume and Nubuk leather upper provide protection during the colder months and in adverse weather conditions. The seamless inner lining accommodates deformities and adapts to the shape of the foot, ensuring maximum comfort.



ADAPTIVE UPPER
Highly breathable elasticized mesh



STABILIZING STRUCTURE
Medium-density EVA



RIGID SHANK
Nylon



REBALANCE[®] MIDSOLE
Low-density EVA with rebound effect

OUTSOLE
Rubber with superior grip

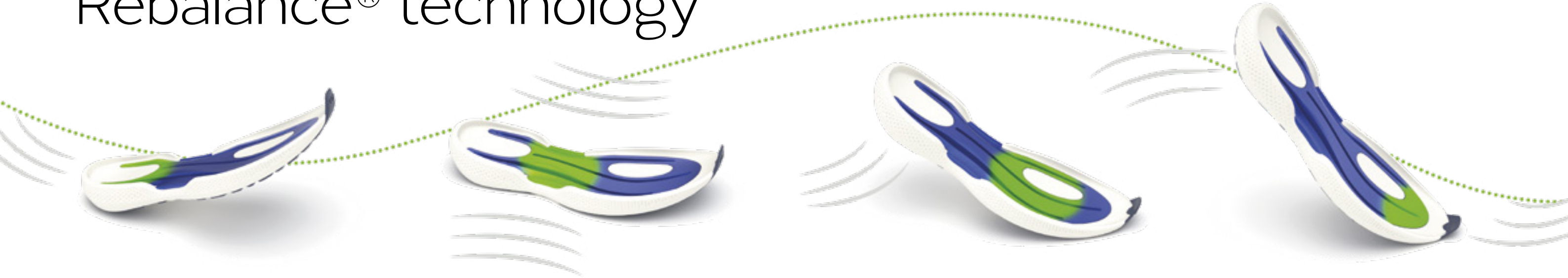
Rebalance[®] Technology

One of the body's most complex tasks is maintaining balance and stability while walking. Fito addresses this challenge with the Rebalance[®] system. This sole has been designed by Fito to reduce metatarsal pain and re-ulceration caused by hyper-loading due to incorrect posture. The sole is built with a "sandwich" structure that incorporates a rigid shank between two EVA layers. This guides the step and evenly distributes body weight across the forefoot, avoiding excessive pressure on the metatarsals or other specific

areas, while maintaining comfort. Rebalance[®] technology ensures that weight is distributed evenly across the entire surface of the sole, rather than concentrated in a single point. This solution is applied both in footwear for people with diabetes, who require specific protection to prevent the recurrence of ulcers due to hyper-loading, and in post-operative footwear, where correct posture is essential to support recovery and the success of surgery.



Rebalance[®] technology



HEEL STRIKE

For heel contact with the ground, the rear fins of the shank ensure controlled support to increase stability.

MID STANCE

During the mid-stance phase, when the foot is fully in contact with the ground, the central part of the shank, facing the ground, increases stability. The sole's configuration also allows for the forefoot to be unloaded and reduces loads even in a static position.

HEEL OFF

During the heel-off phase, the sole and shank configuration facilitate the rolling motion of the forefoot and reduce pressure peaks.

TOE OFF

In the final phase of the step, we have the detachment of the toes from the ground, and the foot is transferred forward. In this phase, the central unloading of the shank reduces pressure peaks on the metatarsals and facilitates the rolling motion, providing momentum before the subsequent Heel Strike.

ROCKER

The innovative biomechanical Rebalance[®] rigid sole limits overloading on the forefoot.



REBALANCE ensures that the weight is distributed over the wide surface of the sole and not just on a single point.

Adaptive fit

Adaptive

The Adaptive technology consists of identifying constructive solutions and using specific materials to achieve a product (shoes, post-operative footwear) that contains the foot in specific, non-painful points, and adapts to sensitive points gradually, eliminating pressure points and friction. This is particularly important for patients with fragile skin.

The footwear

The footwear is characterized by an innovative construction without seams and the use of new materials. These solutions allow accommodating toe deformities, ensuring a level of safety and benefit never before experienced.



MODEL 1: BLACK

FD0101 SIZE 35-48 / FIT 12

This is a therapeutic footwear designed for patients with diabetic foot conditions. The company has introduced two innovative technologies that make it ideal for this type of consumer: the "Rebalance" sole and the "Adaptive" upper. The Rebalance® sole allows for a guided gait thanks to advanced biomechanical studies that enable perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot's rolling motion, thus reducing the energy needs of overweight patients. The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
PEOPLE WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 12
- SOLE: Rigid Biomechanical Rebalance
- DROP: 10
- INSOLE: Replaceable with custom-made
- UPPER: Soft Adaptive; blocked heel
- LINING: Seamless
- CATALOG NUMBER: 2526457/R

Quick lace system included



Technical data sheet and gauges
<https://wellwalking.it/it/terapeutica/scheda-1/>



MODEL 1: BLUE

FD0102 SIZE 40-48 / FIT 12

This is a therapeutic footwear designed for patients with diabetic foot conditions. The company has introduced two innovative technologies that make it ideal for this type of consumer: the "Rebalance" sole and the "Adaptive" upper. The Rebalance sole allows for a guided gait thanks to advanced biomechanical studies that enable perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot's rolling motion, thus reducing the energy needs of overweight patients. The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
INDIVIDUALS WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 12
- SOLE: Rigid Biomechanical Rebalance
- DROP: 10
- INSOLE: Replaceable with custom-made
- UPPER: Soft Adaptive; blocked heel
- LINING: Seamless
- CATALOG NUMBER: 2535385/R

Quick lace system included



Technical data sheet and gauges
<https://wellwalking.it/it/terapeutica/scheda-2/>



MODEL 1: GREY

FD0104 SIZE 35-48 / FIT 12

This is a therapeutic footwear designed for patients with diabetic foot conditions. The company has introduced two innovative technologies that make it ideal for this type of consumer: the "Rebalance" sole and the "Adaptive" upper. The Rebalance sole allows for guided walking thanks to advanced biomechanical studies, enabling a perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot's rolling motion, thus reducing the energy needs of overweight patients. The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
INDIVIDUALS WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 12
- OUTSOLE: Rebalance Biomechanical Rigid
- DROP: 10
- INSOLE: Replaceable with custom fit
- UPPER: Adaptive soft; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2535390/R

Quick lace system included



Technical data sheet and gauges
<https://wellwalking.it/it/terapeutica/scheda-3/>



MODEL 1: LILAC

FD0105 SIZE 35-42 / FIT 12

This is a therapeutic footwear designed for patients with diabetic foot conditions. The company has introduced two innovative technologies that make it ideal for this type of consumer: the "Rebalance" sole and the "Adaptive" upper. The Rebalance sole allows for guided walking thanks to advanced biomechanical studies, enabling a perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot's rolling motion, thus reducing the energy needs of overweight patients. The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
INDIVIDUALS WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 12
- OUTSOLE: Rebalance Biomechanical Rigid
- DROP: 10
- INSOLE: Replaceable with custom fit
- UPPER: Adaptive soft; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2680400/R

Quick lace system included



Technical data sheet and gauges
wellwalking.it/product/model-1-lilac/



MODEL 1: WHITE

FD0106 SIZE 35-48 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-1-white/



This is a therapeutic footwear designed for patients with diabetic foot conditions. The company has introduced two innovative technologies that make it ideal for this type of consumer: the "Rebalance" sole and the "Adaptive" upper.

The Rebalance sole allows for guided walking thanks to advanced biomechanical studies, enabling a perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot's rolling motion, thus reducing the energy needs of overweight patients.

The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
INDIVIDUALS WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 12
- OUTSOLE: Rebalance Biomechanical Rigid
- DROP: 10
- INSOLE: Replaceable with custom fit
- UPPER: Adaptive soft; locked heel
- LINING: Seamless
- CATALOG NUMBER: 3044901/R

Quick lace system included



Fito Ecosystem

The FITO range of products makes it possible to combine the MESOFOOT BLACK and the ALUX styles with almost any other type of therapeutic, recovery or relaxation footwear from the FITO line.*



*The materials and sole rocker, featuring different profiles and densities, may sometimes create a perceived difference in the walking experience. This is attributed to the specific requirements of the different product lines.

AVAILABLE FROM JANUARY 2027

Extra fit

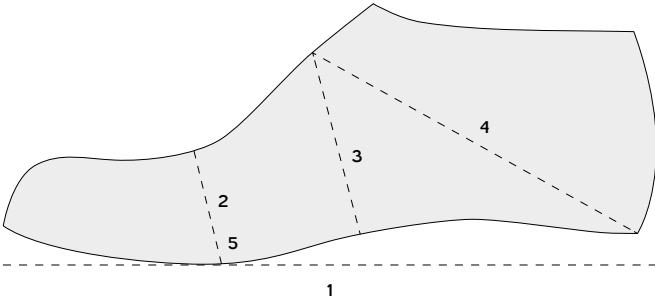
FITO has a range of products with a comfort fit (fit: 12) and an XL fit (fit: 14).

- **MODEL 1:** fit 12
- **MODEL 1 XL:** fit 14
- **MODEL W:** fit 14

The more ample shape of orthopaedic footwear is due to an increased internal volume that is designed to eliminate pressure on the foot, provide space for deformities and allow for the use of thick customized insoles.

- The main benefits of a wider fit are:**
- **NO CONSTRAINTS:** No lateral and dorsal chafing of the toes
 - **ROOM FOR INSOLES:** Enough room for thick orthotic insoles without squeezing the foot
 - **BETTER CIRCULATION:** Fewer stable pressure points, which facilitates better blood flow in sensitive feet
- When is a roomier fit necessary?**
- **BUNIONS AND HAMMERTOES.**
 - **DIABETIC FEET** (which require zero chafing to avoid sores).
 - **OEDEMA** or frequent swelling (water retention, circulation problems).
 - **FLAT FEET OR INSTABILITY** requiring bulky corrective insoles.

How to measure



MODEL 1 / LAST	FIT 12													
Size	35	36	37	38	39	40	41	42	43	44	45	46	47	48
1. Bottom length	228.2	234.8	241.4	248.0	254.6	261.2	267.8	274.4	281.0	287.7	294.3	301.0	307.6	314.3
2. Ball girth	217.0	221.5	226.0	230.5	235.0	239.5	244.0	248.5	253.0	257.5	262.0	266.5	271.0	275.5
3. Waist girth	242.4	242.9	243.3	243.8	244.2	244.7	245.1	245.6	246.0	250.5	255.0	259.5	264.0	268.5
4. Instep girth	213.0	217.5	222.0	226.5	231.0	235.5	240.0	244.5	249.0	253.5	258.0	262.5	267.0	271.5
5. Bottom width	91.8	92.0	92.1	92.3	92.4	92.6	92.7	92.9	93.0	94.5	96.0	97.5	99.0	100.5

MODEL1XL / LAST	FIT 14													
Size	35	36	37	38	39	40	41	42	43	44	45	46	47	48
1. Bottom length	228.2	234.8	241.4	248.0	254.6	261.2	267.8	274.4	281.0	287.7	294.3	301.0	307.6	314.3
2. Ball girth	228.0	232.5	237.0	241.5	246.0	250.5	255.0	259.5	264.0	268.5	273.0	277.5	282.0	286.5
3. Waist girth	223.0	227.5	232.0	236.5	241.0	245.5	250.0	254.5	259.0	263.5	268.0	272.5	277.0	281.5
4. Instep girth	225.0	229.5	234.0	238.5	243.0	247.5	252.0	256.5	261.0	265.5	270.0	274.5	279.0	283.5
5. Bottom width	91.8	92.0	92.1	92.3	92.4	92.6	92.7	92.9	93.0	94.5	96.0	97.5	99.0	100.5

MODEL W / LAST	FIT 14													
Size	35	36	37	38	39	40	41	42	43	44	45	46	47	48
1. Bottom length	228.2	234.8	241.4	248.0	254.6	261.2	267.8	274.4	281.0	287.7	294.3	301.0	307.6	314.3
2. Ball girth	228.0	232.5	237.0	241.5	246.0	250.5	255.0	259.5	264.0	268.5	273.0	277.5	282.0	286.5
3. Waist girth	223.0	227.5	232.0	236.5	241.0	245.5	250.0	254.5	259.0	263.5	268.0	272.5	277.0	281.5
4. Instep girth	225.0	229.5	234.0	238.5	243.0	247.5	252.0	256.5	261.0	265.5	270.0	274.5	279.0	283.5
5. Bottom width	91.8	92.0	92.1	92.3	92.4	92.6	92.7	92.9	93.0	94.5	96.0	97.5	99.0	100.5

MODEL 1 XL: BLACK

FD0107 SIZE 35-48 / FIT 14

Technical data sheet and gauges
wellwalking.it/product/model-1-xl-black/



This is a therapeutic footwear designed for patients with diabetic foot conditions, with an extra-wide fit. The company has introduced two innovative technologies that make it ideal for this type of consumer: the “Rebalance” sole and the “Adaptive” upper. The Rebalance sole allows for guided walking thanks to advanced biomechanical studies, enabling a perfect transition between walking phases, reducing pressure peaks on the forefoot, and facilitating the foot’s rolling motion, thus reducing the energy needs of overweight patients. The Adaptive upper accommodates the foot by adapting in a controlled manner in different areas where necessary; its special seamless construction allows for foot containment, eliminating any pressure points; heel stabilization is ensured by the anatomical construction of the product, preventing heel rotation during the contact and mid-distance phases. It is possible to insert a custom insole to replace the standard one.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASE OF LIMITED JOINT MOBILITY
INDIVIDUALS WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GAIT GUIDANCE
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 14
- OUTSOLE: Rebalance Biomechanical Rigid
- DROP: 10
- INSOLE: Replaceable with custom fit
- UPPER: Adaptive soft; locked heel
- LINING: Seamless
- CATALOG NUMBER: 3044949/R

Quick lace system included



AVAILABLE FROM JANUARY 2027

MODEL W: ANTHRACITE

FD0201 SIZE 35-48 / FIT 14

Technical data sheet and gauges
wellwalking.it/product/model-w-antracite



This therapeutic shoe, designed with an oversized fit, is specifically for patients with diabetic foot. The upper has been reinforced to provide greater thermal comfort in cold and rainy months. Created through advanced biomechanical research, the Rebalance® sole guides the footstep and ensures a smooth transition between walking phases. It reduces pressure on the forefoot and supports propulsion, thereby reducing the energy required, particularly for overweight patients. The Adaptive Nubuk upper conforms to the foot, adapting in a controlled way in the areas that need it most. Its seamless construction provides a secure fit while eliminating any pressure points, and the anatomical design ensures heel stabilisation, preventing rotation of the heel during the contact and mid-stance phases of walking. The materials used make this shoe ideal for the winter season. The standard insole can be replaced with a custom-made insole.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASES OF LIMITED JOINT MOBILITY
PEOPLE WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GUIDANCE WHEN WALKING
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 14
- SOLE: Rebalance® Rigid Biomechanical
- DROP: 10
- FOOTBED: Replaceable, custom-made
- UPPER: Soft Adaptive NUBUK; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2848249/R



MODEL W: SAND

FD0202 SIZE 35-48 / FIT 14

Technical data sheet and gauges
wellwalking.it/product/model-w-sand



This therapeutic shoe, designed with an oversized fit, is specifically for patients with diabetic foot. The upper has been reinforced to provide greater thermal comfort in cold and rainy months. Created through advanced biomechanical research, the Rebalance® sole guides the footstep and ensures a smooth transition between walking phases. It reduces pressure on the forefoot and supports propulsion, thereby reducing the energy required, particularly for overweight patients. The Adaptive Nubuk upper conforms to the foot, adapting in a controlled way in the areas that need it most. Its seamless construction provides a secure fit while eliminating any pressure points, and the anatomical design ensures heel stabilisation, preventing rotation of the heel during the contact and mid-stance phases of walking. The materials used make this shoe ideal for the winter season. The standard insole can be replaced with a custom-made insole.

PATHOLOGIES

DIABETIC FOOT 1ST AND 2ND DEGREE
METATARSALGIA PROBLEMS
IN CASES OF LIMITED JOINT MOBILITY
PEOPLE WITH NEUROLOGICAL CONDITIONS
REQUIRING STABILITY AND GUIDANCE WHEN WALKING
DEFORMED AND RHEUMATIC FEET

FEATURES

- FIT: 14
- SOLE: Rebalance® Rigid Biomechanical
- DROP: 10
- FOOTBED: Replaceable, custom-made
- UPPER: Soft Adaptive NUBUK; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2848263/R



RECOVERY FOOTWEAR

Our footwear combines the style and practicality of everyday shoes with the technical features required to provide optimal support while reducing impact stress on the foot, ankle, knees and hips.

Specifically designed to assist walking during the RECOVERY phase, FITO introduces the concept of RECOVERY footwear as a targeted solution to specific needs:

- RECOVERY and REHABILITATION to support correct walking patterns after surgery, related to ageing or trauma
- RECOVERY to relieve fatigue in the feet and lower limbs after daily stress caused by work shoes, formal footwear or high heels. The Recovery Footwear line is also recommended for individuals with reduced mobility, offering stable, lightweight footwear for safe and comfortable movement around the home.

MODEL H BLACK

Footwear with a flexible biomechanical sole and a breathable, elasticated upper, available in size 12 with a wide fit. Designed to provide stability during recovery and rehabilitation. A special 'hands-free' opening system makes the shoe extremely easy to put on.

MODEL OPEN GREY

Footwear with a flexible biomechanical sole and an upper featuring two Velcro fastenings, available in size 12 with a wide fit. Designed to provide stability during recovery and rehabilitation, it reduces impact stress while offering both stability and lightness. The double Velcro fastening ensures excellent adaptability, making the shoe particularly suitable for swollen feet.



**ELASTICATED
AND BREATHABLE
UPPER**



EVA HD SHANK
with "H" profile



EVA SOLE
flexible biomechanical



**NONSLIP
INSERTS**

Rebalance® & Adaptive Technology

Maintaining balance and correct posture is essential, especially during rehabilitation or in conditions where walking must be carefully supported. To address these needs, Fito developed the Rebalance® concept: a flexible biomechanical sole that provides adequate support for the lower limbs, both

during rehabilitation and in daily movement around the home for people with reduced mobility. The uppers, designed with ADAPTIVE technology, conform evenly to the foot without creating pressure points.



MODEL H: BLACK

FH0101 SIZE 36-47 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-h-black



This footwear is designed for people who require stability and pain relief, accommodating deformities and reducing impact stress. During rehabilitation, patients need a product that supports the foot and lower limbs, enhancing stability while minimising impact trauma. The Model H shoe is the ideal solution, combining two innovative technologies: the "Rebalance®" sole and the "Adaptive" upper.

The flexible Rebalance® sole, developed through advanced biomechanical research, guides the gait to ensure a smooth transition between walking phases while reducing pressure peaks on the forefoot. The Adaptive upper accommodates the foot by adapting in a controlled way to different areas that need it most. Its special construction provides a secure fit while eliminating pressure points. A removable insole further enhances internal comfort thanks to its shape and design.

PATHOLOGIES

- METATARSALGIA AND HEEL PAIN PROBLEMS
- MORTON'S NEUROMA
- HALLUX VALGUS
- IN CASES OF LIMITED JOINT MOBILITY
- PEOPLE WITH NEUROLOGICAL CONDITIONS
- WHO NEED STABILITY AND GUIDANCE WHEN WALKING
- DEFORMED AND RHEUMATIC FEET
- RECOVERY FROM HIP-KNEE, FOOT/ANKLE SURGERY
- REHABILITATION FROM LOWER LIMB SURGERY

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- ENTRY: HAND FREE
- FOOTBED: Low-density polyurethane with absorbent lining - Replaceable, custom-made
- UPPER: Soft Adaptive; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2848292/R



MODEL OPEN: GREY

FH0201 SIZE 36-47 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-open-grey



This footwear is designed for people who require stability and pain relief, accommodating deformities and reducing impact stress. During rehabilitation, patients need a product that supports the foot and lower limbs, enhancing stability while minimising impact trauma. The Model Open shoe is the ideal solution, combining two innovative technologies: the "Rebalance®" sole and the "Adaptive" upper.

The flexible Rebalance® sole, developed through advanced biomechanical research, guides the gait to ensure a smooth transition between walking phases while reducing pressure peaks on the forefoot. The Adaptive upper accommodates the foot by adapting in a controlled way to different areas that need it most. Its special construction provides a secure fit while eliminating pressure points. A removable insole further enhances internal comfort thanks to its shape and design.

PATHOLOGIES

- METATARSALGIA AND HEEL PAIN PROBLEMS
- MORTON'S NEUROMA
- HALLUX VALGUS
- IN CASES OF LIMITED JOINT MOBILITY
- PEOPLE WITH NEUROLOGICAL CONDITIONS
- WHO NEED STABILITY AND GUIDANCE WHEN WALKING
- DEFORMED AND RHEUMATIC FEET
- RECOVERY FROM HIP-KNEE, FOOT/ANKLE SURGERY
- REHABILITATION FROM LOWER LIMB SURGERY

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- ENTRY: HAND FREE
- FOOTBED: Low-density polyurethane with absorbent lining - Replaceable, custom-made
- UPPER: Soft Adaptive; locked heel
- LINING: Seamless
- CATALOG NUMBER: 2848314/R



Designed for innovative style and use while relaxing, our home line is made to meet the needs of people who spend most of the day at home.

Each shoe is engineered to provide the right amount of support when moving, thereby avoiding falls due to slips and/or a lack of support, all while ensuring a sense of relaxation.

MODEL H SABOT

With a flexible ergonomic Rebalance[®] sole, a breathable elasticated upper and a wide fit (12), this mule is perfect for stability and use while relaxing. The EVA-and-rubber sole makes it possible to walk safely, without slipping, and to reduce the stress caused by impact with the ground. The insole ensures comfort and support for the foot. Convenient Velcro straps secure the upper.

MODEL H SLIPPER

With a flexible ergonomic Rebalance[®] sole, a two-strap Velcro upper and a wide fit (12), this mule is perfect for stability and use while relaxing. The seamless upper is ideal for all feet, from those with a pathological condition (diabetes, rheumatic or fragile skin) or simply those that are swollen and in need of a bit of relaxation. The EVA-and-rubber sole makes it possible to walk safely, without slipping, and to reduce the stress caused by impact with the ground. The insole ensures comfort and support for the foot.



UPPER



EVA HD SHANK



EVA SOLE
+ RUBBER



Rebalance[®] & Adaptive Technology

Balance and good posture are fundamental even when it comes to everyday activities, from housework to short strolls. Fito developed the Rebalance[®] concept by creating a flexible ergonomic sole which supports the foot during domestic activities, designed for people who seek relaxation and comfort. Fito uppers with ADAPTIVE technology

embrace the foot evenly and consistently, without creating pressure points. The H Sabot line features a soft, breathable upper adjusted with Velcro straps, while the H Slipper line features innovative seamless uppers with a two-strap Velcro closure for the perfect fit.



MODEL H SABOT: BLACK

FH0301 SIZE 36-42 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-h-sabot-black/



This sabot is designed for people who require stability and balance when walking, and who seek pain relief if they have joint pain or slight deformities. This shoe is recommended for the prevention of diabetic foot in grades 0–1. The Flexible Rebalance® sole makes it possible to guide the foot during while walking thanks to advanced biomechanical research, providing the perfect transition between walking phases. Moreover, it reduces pressure peaks on the forefoot, helping to reduce the risk of falls. The stretchy material of the seamless upper adapts to the shape of the foot. Deformities such as hallux valgus (bunion) or hammertoes are accommodated, avoiding harmful and painful chafing and benefiting the patient. This slip-on can hold a ready-made or custom orthotic insole.

PATHOLOGIES

METATARSALGIA PROBLEMS
GRADE 0-1 DIABETES
HALLUX VALGUS
DEFORMED AND RHEUMATIC FEET
FRAGILE SKIN

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- INSOLES: Low-density polyurethane with absorbent lining – Replaceable, custom-made
- UPPER: Soft Adaptive; Single Velcro Strap
- LINING: Seamless
- CATALOG NUMBER: 3045427/R



MODEL H SABOT: GREY

FH0302 SIZE 36-42 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-h-sabot-grey/



This sabot is designed for people who require stability and balance when walking, and who seek pain relief if they have joint pain or slight deformities. This shoe is recommended for the prevention of diabetic foot in grades 0–1. The Flexible Rebalance® sole makes it possible to guide the foot during while walking thanks to advanced biomechanical research, providing the perfect transition between walking phases. Moreover, it reduces pressure peaks on the forefoot, helping to reduce the risk of falls. The stretchy material of the seamless upper adapts to the shape of the foot. Deformities such as hallux valgus (bunion) or hammertoes are accommodated, avoiding harmful and painful chafing and benefiting the patient. This slip-on can hold a ready-made or custom orthotic insole.

PATHOLOGIES

METATARSALGIA PROBLEMS
GRADE 0-1 DIABETES
HALLUX VALGUS
DEFORMED AND RHEUMATIC FEET
FRAGILE SKIN

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- INSOLES: Low-density polyurethane with absorbent lining – Replaceable, custom-made
- UPPER: Soft Adaptive; Single Velcro Strap
- LINING: Seamless
- CATALOG NUMBER: 3045432/R



MODEL H SLIPPER: BLACK

FH0401 SIZE 36-42 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-h-slipper-black/



This slipper is designed for people who require stability and balance when walking, and who seek pain relief if they have joint pain or slight deformities. This shoe is recommended for the prevention of diabetic foot in grades 0–1. The Flexible Rebalance® sole makes it possible to guide the foot during while walking thanks to advanced biomechanical research, providing the perfect transition between walking phases. Moreover, it reduces pressure peaks on the forefoot, helping to reduce the risk of falls. The stretchy material of the seamless upper adapts to the shape of the foot. Deformities such as hallux valgus (bunion) or hammertoes are accommodated, avoiding harmful and painful chafing and benefiting the patient. This slip-on can hold a ready-made or custom orthotic insole.



PATHOLOGIES

METATARSALGIA PROBLEMS
GRADE 0-1 DIABETES
HALLUX VALGUS
DEFORMED AND RHEUMATIC FEET
FRAGILE SKIN

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- INSOLES: Low-density polyurethane with absorbent lining – Replaceable, custom-made
- UPPER: Soft Adaptive; Double Velcro Strap
- LINING: Seamless
- CATALOG NUMBER: 3045653/R



AVAILABLE FROM JANUARY 2027

MODEL H SLIPPER: SAND

FH0402 SIZE 36-42 / FIT 12

Technical data sheet and gauges
wellwalking.it/product/model-h-slipper-sand/



This slipper is designed for people who require stability and balance when walking, and who seek pain relief if they have joint pain or slight deformities. This shoe is recommended for the prevention of diabetic foot in grades 0–1. The Flexible Rebalance® sole makes it possible to guide the foot during while walking thanks to advanced biomechanical research, providing the perfect transition between walking phases. Moreover, it reduces pressure peaks on the forefoot, helping to reduce the risk of falls. The stretchy material of the seamless upper adapts to the shape of the foot. Deformities such as hallux valgus (bunion) or hammertoes are accommodated, avoiding harmful and painful chafing and benefiting the patient. This slip-on can hold a ready-made or custom orthotic insole.



PATHOLOGIES

METATARSALGIA PROBLEMS
GRADE 0-1 DIABETES
HALLUX VALGUS
DEFORMED AND RHEUMATIC FEET
FRAGILE SKIN

FEATURES

- FIT: 12
- OUTSOLE: Rebalance® Flessibile
- DROP: 10
- INSOLES: Low-density polyurethane with absorbent lining – Replaceable, custom-made
- UPPER: Soft Adaptive; Double Velcro Strap
- LINING: Seamless
- CATALOG NUMBER: 3045657/R



AVAILABLE FROM JANUARY 2027

FINISHED INSOLES



The Fito collection was developed to provide orthopaedic specialists with an immediate solution for patients whose condition can be effectively treated with a finished orthotic insole or as a temporary measure while a custom-made insole is being prepared.

Our insoles are designed to target a specific functional foot issue, with careful attention to the underlying condition causing pain or discomfort in a particular area of the foot.

THERAPEUTIC

An insole specifically designed for the primary prevention of foot issues related to diabetes and rheumatic conditions. Ideal for people who need to protect delicate skin and reduce pressure on sensitive areas.

PROTECION

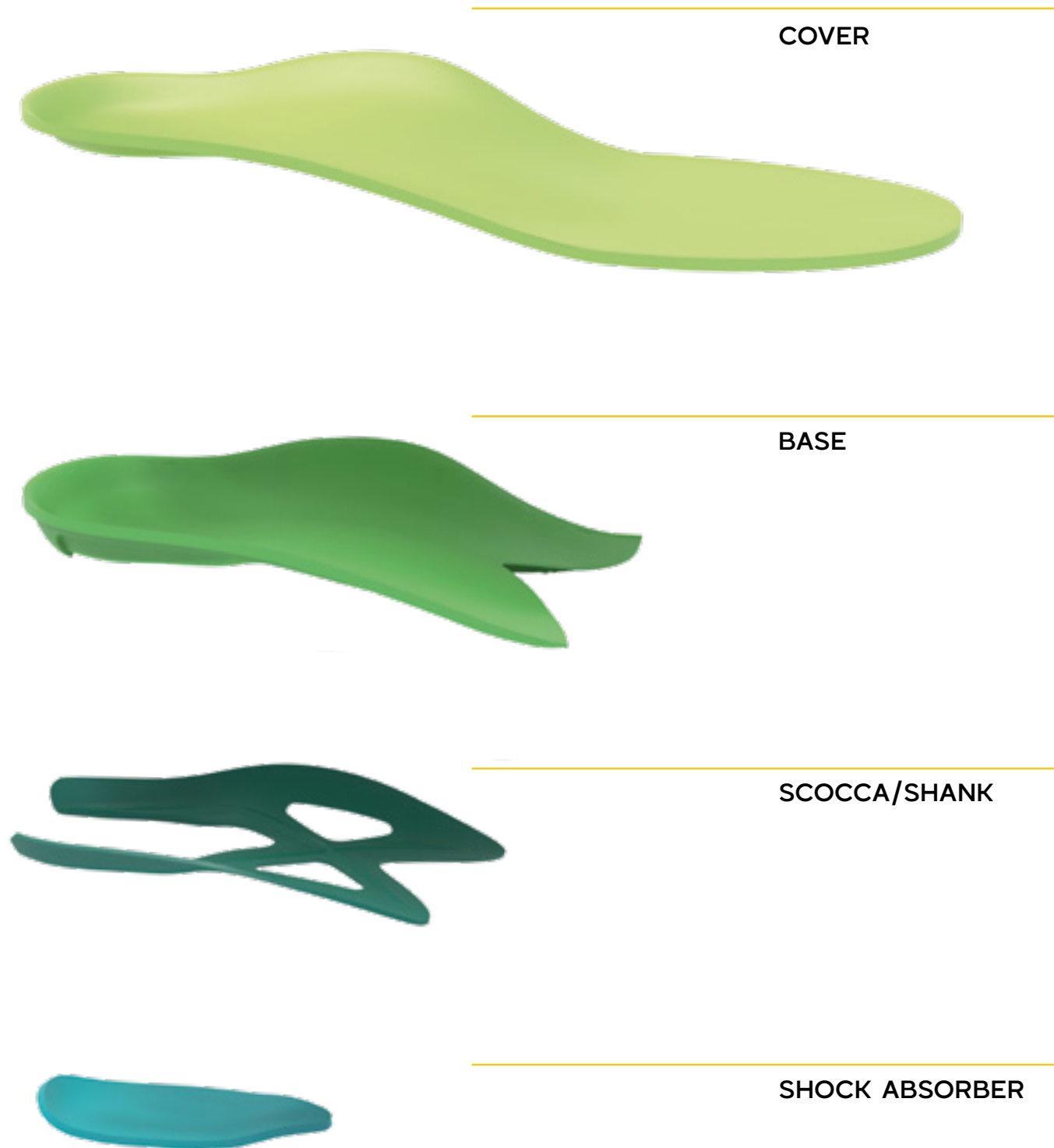
A protective insole designed for people who can have an active and busy professional life despite suffering from conditions such as bunions, metatarsalgia or foot instability.

ACTIVE

A protective insole designed for people who can have an active life despite suffering from conditions such as bunions, metatarsalgia or foot instability.

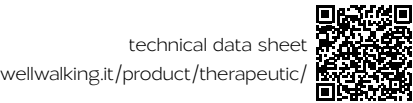
PHYSIO

An insole designed for people who do not suffer from specific foot conditions but are looking for greater comfort than that offered by standard footwear insoles.



THERAPEUTIC

IF0101 SIZE 36-47



This protective insole is suitable for conditions such as bunions, metatarsalgia, early-stage diabetic foot (risk grade 0/1), and various deformities caused by rheumatic disorders. The wide gauge makes this insole ideal for use in sports and work shoes. The insole cover is made of DIFLEX ULTRACOMFORT by Vibram®. This material is self-modelling, dermatologically tested and designed to adapt to foot deformities. The elastic physiological shell stabilises the rearfoot and provides dynamic support to the arch of the foot, while its innovative construction keeps the heel contact area soft, ensuring maximum comfort for those suffering from plantar fasciitis or heel spurs.

PATHOLOGIES

- BUNIONS
- METATARSALGIA
- DIABETIC FOOT (ZERO-RISK LEVEL)
- RHEUMATIC FOOT DEFORMITIES
- PLANTAR FASCIITIS AND HEEL SPURS

BENEFITS

- PROTECTS DELICATE OR FRAGILE SKIN
- PROVIDES ARCH SUPPORT
- RELIEVES METATARSAL PAIN
- CUSHIONS THE HEEL

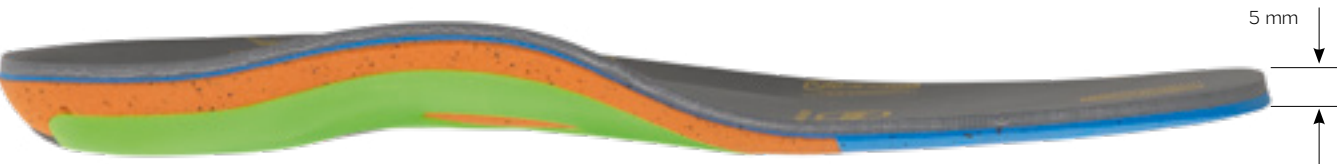
FEATURES

- COVER: Vibram® Ultracomfort + Absorber Ortho PU
- BASE: High Density Supportive PU
- SHANK: Nylon
- SHOCK ABSORBER: Rubber dissipator
- GAUGE: Large
- CATALOG NUMBER: 2801992/R

Cover and heel lift



Plantar arch



PROTECTION

IF0201 SIZE 36-47



This protective insole is suitable for conditions such as bunions, metatarsalgia, foot instability and provides additional support. Its wide gauge makes it ideal for use in comfortable or professional footwear. The insole cover is designed to accommodate mild foot deformities, offering excellent wear resistance and a thermoregulating effect. The elastic physiological shell stabilises the rearfoot and provides dynamic support to the arch of the foot, while its innovative construction keeps the heel contact area soft, ensuring maximum comfort for those suffering from plantar fasciitis or heel spurs.

PATHOLOGIES

- BUNIONS
- MILD METATARSALGIA
- PLANTAR FASCIITIS / PROVIDES ARCH SUPPORT
- HEEL SPURS

BENEFITS

- PROVIDES ARCH SUPPORT
- RELIEVES METATARSAL PAIN
- HELPS STABILISE THE REARFOOT
- CUSHIONS THE HEEL

FEATURES

- COVER: Ecodry Beige 0.8 mm + Absorber Ortho PU
- BASE: High Density Supportive PU
- SHANK: Nylon
- SHOCK ABSORBER: Rubber dissipator
- GAUGE: Large
- CATALOG NUMBER: 2801994/R

Cover and heel lift

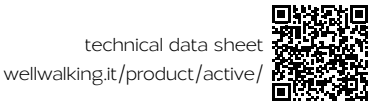


Plantar arch



ACTIVE

IF0301 SIZE 36-47



This protective insole is designed for people who wish to maintain an active lifestyle despite suffering from conditions such as bunions, metatarsalgia, foot instability, and provides additional support. Its wide gauge makes it ideal for use in sports shoes. The insole cover is skin-friendly and sweat-absorbent. The multi-layer construction is designed to cushion and protect the foot, relieve metatarsal pain, and support forward propulsion during physical activity. The elastic physiological shell stabilises the rearfoot and provides dynamic support to the arch of the foot, while its innovative construction keeps the heel contact area soft, ensuring maximum comfort for those suffering from plantar fasciitis or heel spurs.

PATHOLOGIES

BUNIONS
MILD METATARSALGIA
FASCIITIS / PROVIDES ARCH SUPPORT
HEEL SPURS

BENEFITS

PROVIDES ARCH SUPPORT
RELIEVES METATARSAL PAIN
HELPS STABILISE THE REARFOOT
CUSHIONS THE HEEL

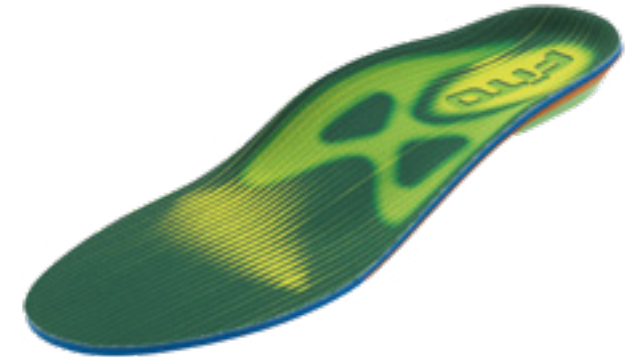
FEATURES

- COVER: Absorber Lining + Absorber Ortho PU
- BASE: High Density Supportive PU
- SHANK: Nylon
- SHOCK ABSORBER: Boost
- GAUGE: Large
- CATALOG NUMBER: 2801996/R

Cover and heel lift

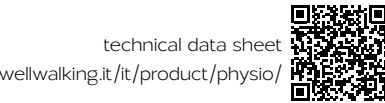


Plantar arch



PHYSIO

IF0401 SIZE 36-47



This protective insole is designed for people seeking enhanced comfort and support. The insole cover is skin-friendly and sweat-absorbent. The multi-layer construction is designed to deliver a stress-relieving effect on the feet, offering immediate comfort from the very first use. The anatomical design of the insole provides physiological support to the arch of the foot and keeps the heel contact area soft, ensuring maximum comfort for those suffering from plantar fasciitis or heel spurs.

PATHOLOGIES

HEAVY LEGS

BENEFITS

PROVIDES ARCH SUPPORT
RELIEVES METATARSAL PAIN

FEATURES

- COVER: Absorber Lining + High Absorber PU
- BASE: Medium Density Supportive PU
- SHOCK ABSORBER: Boost
- GAUGE: Large
- CATALOG NUMBER: 2801998/R

Cover and heel lift



Plantar arch



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