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# We don't compromise on health

## The research

Well Walking SRL is an Italian company that develops innovative products for foot well-being.

The very high design competence of Well Walking is guaranteed by the internal Design & Develop research center which has been developing projects in the sports and orthopedic footwear sector since 1990 using the latest technological resources. Each item is designed and manufactured with the aim of solving the specific need of the consumer.

This wealth of experience, in multiple sectors, allows us to have vast product expertise to always identify innovative solutions. Well Walking also has considerable experience and expertise in the orthopedic sector where the members of its team come from.

## FITO The brand

The Fito brand was born from a teaching handed down by Japanese culture: Fito means feet in Japanese. The ancient Japanese had intuition that to give stability to the foot and back it was necessary to identify an alternative solution to traditional clogs and in fact they had developed special fulcrum clogs: the geta sandals.

Geta sandals featured a base on which the foot rests and one or two fulcrums that improved stability and comfort.

The teaching that remains is that of respecting the harmony of the foot resting on the ground, letting it roll. This is the principle that inspired us.



Our corporate mission is clear: to bring well-being to people through innovation. This mission starts from the desire to give the consumer a product that is designed without compromise on health and safety. The products, which are developed by a cutting-edge Research & Development division, always arise from the analysis of the clinical problem and the product solution is subsequently achieved in collaboration with the best specialists in the sector. The rigorous control of the products is carried out through

laboratory tests aimed at guaranteeing the health of the consumer both in the planning phase and in the subsequent realization. People's well-being is pursued not only by improving the lives of those who buy the FITO product, but also through sustainable choices such as the practice of recycling and the use of renewable energy. In fact, the company uses energy from solar panels for all its activities.

# The search for lost harmony

The human being in an upright position is in perfect balance.

One of the most complex tasks of our body is to keep us upright and balanced while we walk.

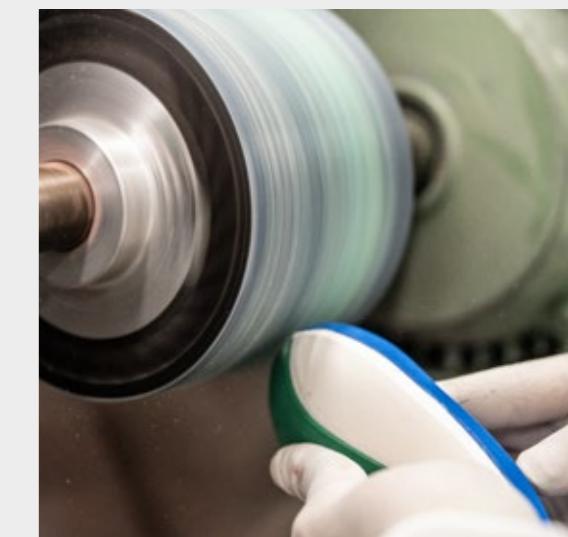
Traditional footwear supports and directs the feet in an unnatural way, creating a whip effect that stimulates the foot with vibrations (specifically the metatarsals, heel, knees and back) and does not take into consideration the pathologies that occur with increasing age. The body therefore

adapts to dysmetries and problems to find a momentary benefit, but actually creating overloads on muscles and tendons, thus moving the problem without correcting it. The solution lies in combating specific problems with specific fixes, thus avoiding creating new imbalances.

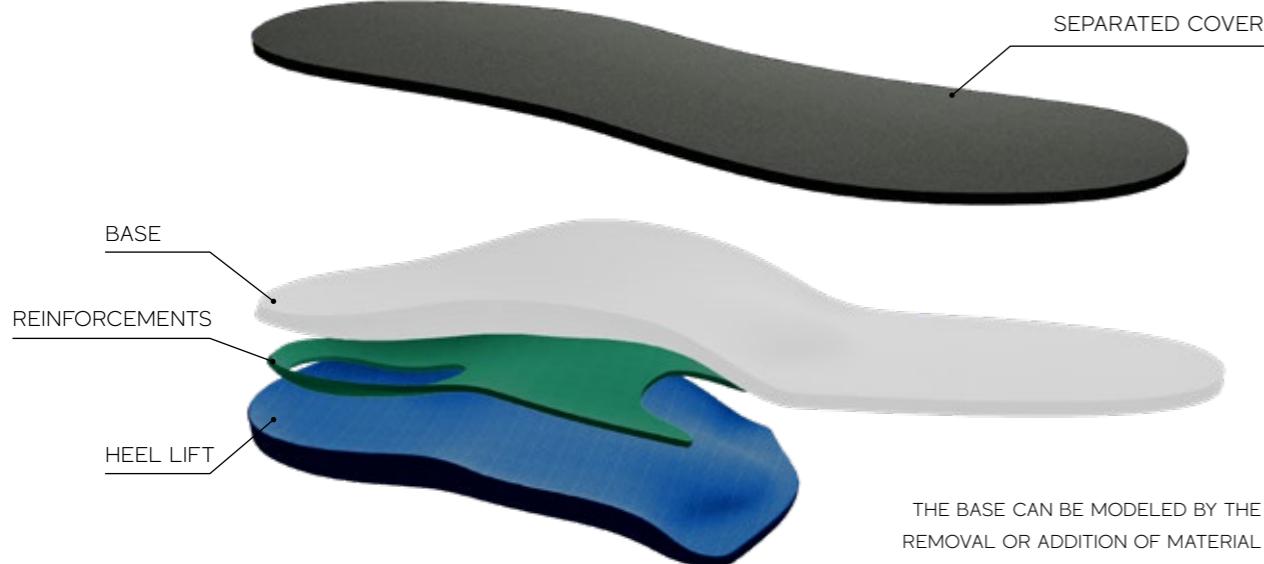
Here is the reason to use orthotics designed by FITO. In fact, FITO products aim to correct the walking pattern by unloading the joints, back, tissues and ligaments of the foot.

## Unique solutions thanks to multidisciplinarity

We believe in multidisciplinarity; there is no single solution, but unique solutions, because every human being has its own peculiarities. The right answer to problems can be obtained thanks to the combination of the synergistic action of specialists, products suitable for the specific pathology and protected and guided physical exercise. In full awareness that sometimes surgery is the only way forward. Protected, guided and constantly practiced physical exercise is undoubtedly of great help. Our products are a corollary of this practice which alone can hardly guarantee a lasting and definitive result. A specialist can indicate the most appropriate gymnastics for each specific situation and we can help him put the most suitable orthotics on the user's feet.

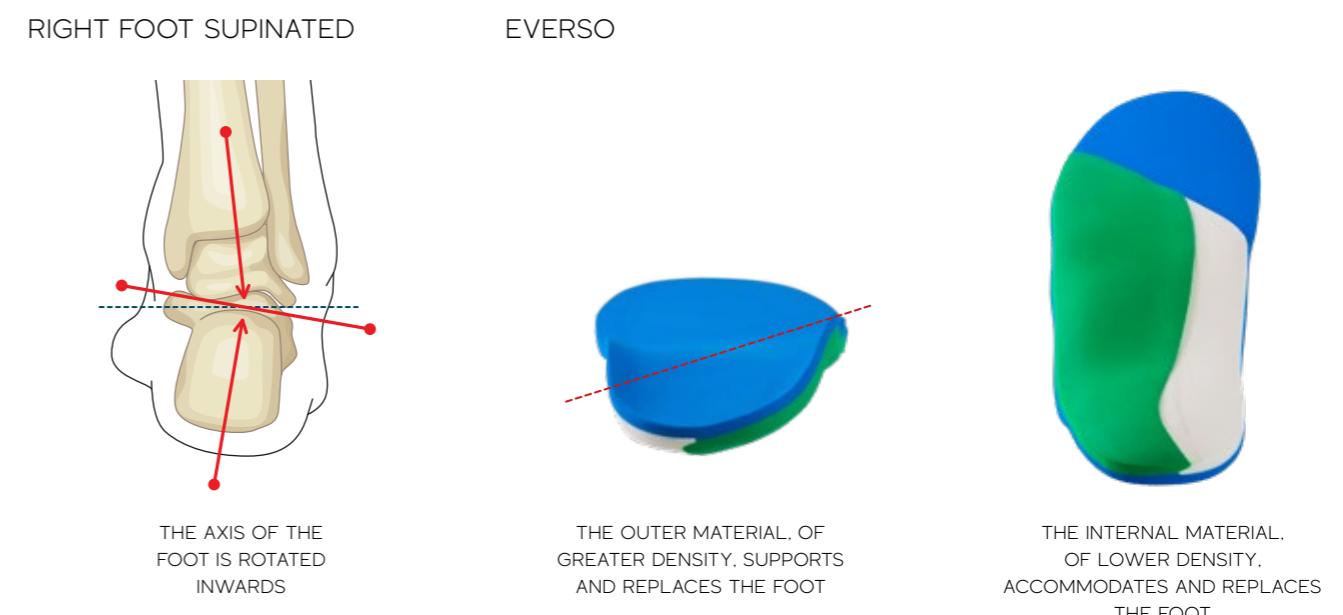
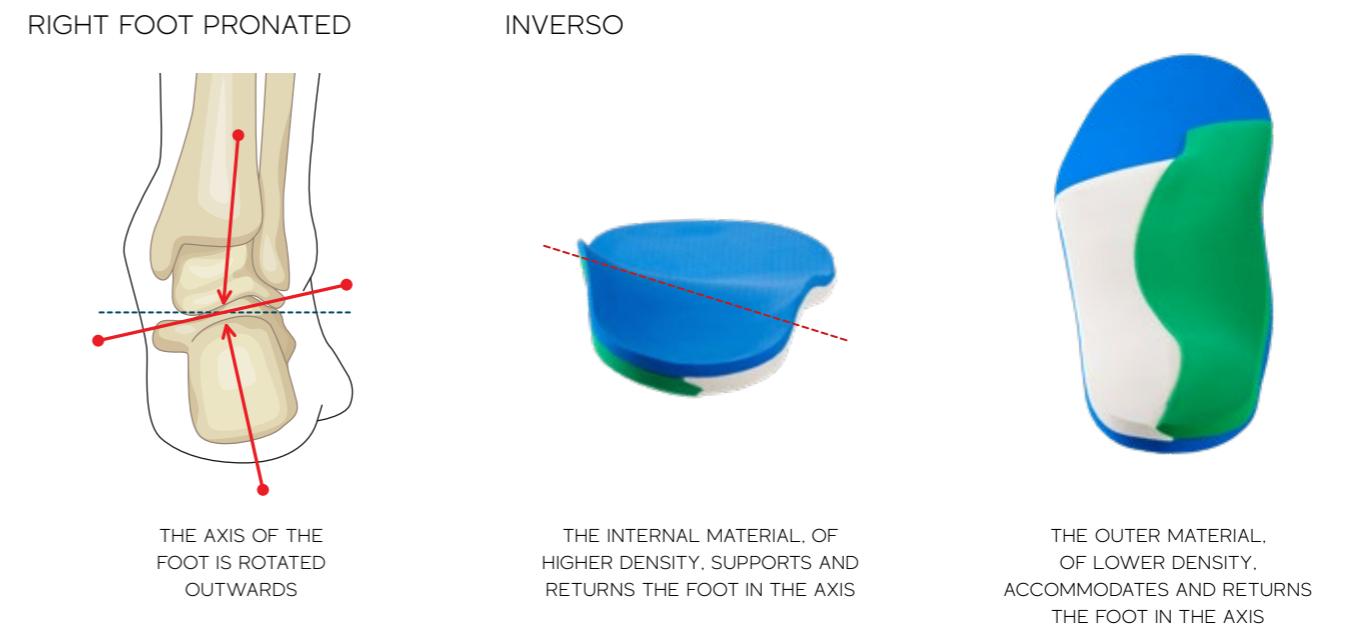


# Innovative solutions for every pathology



## FASTCARE THERAPEUTIC Made to measure in a short time

It is a semi-finished product designed specifically for the orthopedist who must create a custom-made insole. This semi-finished product allows, unlike traditional products, to model by the removal or the addition of material both in the top and bottom sides. This semi-finished product has reinforcing resin between the heel lift and the base so that the orthopedic technician is able to create recesses to house the deformities without necessarily having to use a custom cast; it can also, depending on the need, add material to the base. Once these operations have been completed, just glue a cover to have a finished insole with the depressions performed in the desired areas. The semi-finished product can also be worked on the lower part.



## INVERSO / EVERSO The advantage of bi-density

These are two different semi-finished products specifically designed for the orthopedist who has to make an insole for a foot affected by pronation or supination. The combined effect of the construction of the heel lift and the specific shape form the perfect combination to create an insole suitable for supporting these pathologies without having to create an insole from scratch. These

orthotics have the heel lift divided into two parts where there is a more sustained Eva part, which does not yield under the greater weight given that the patient tends to load the weight above all on one side, and contextually accommodates the opposite side where the patient instead tends not to load; in this way the synergistic work of the two material densities and the shape

rebalance the foot. The use of a specific shape, studied in the case of the Everso for a supinated foot and in the case of the Inverso for a pronated foot, make these products effective. This innovative construction brings about a technical improvement compared to traditional semi-finished products.

# Only superior quality materials



## COLLABORATIONS

### Vibram

Vibram has been a leader in the development of products for the orthopedic sector since the mid-1970s. Vibram's research and development has focused considerable efforts on the study and subsequently on the development of expanded compounds to be used both in comfort footwear products and for the customization of orthopedic footwear. Since the beginning of the 2000s, Vibram has then created a specific team made up of engineers, doctors and companies in the sector, for the development of products for the production of orthopedic insoles.

Before being presented on the market, the products must pass stringent controls both through field tests and in the SATRA laboratory to meet the ISO 45001 (Health & Safety) and Reach parameters.

FITO has found in Vibram the ideal partner to be able to satisfy its corporate mission. Vibram, convinced by our mission, has decided to embark on a historic collaboration to bring its best products to the Italian market to protect the foot especially if affected by rheumatic or diabetic problems.

## VIBRAM DIFLEX ULTRACOMFORT

The best lining material to protect patients suffering from metatarsal pain or rheumatism. The main characteristics of the material are:

### Antibacterial (JIS Z 2801-2000):

Diflex Ultracomfort contrasts the development and multiplication of bacteria. This feature is essential in order to protect the foot of rheumatic and/or at risk patients who must avoid placing their foot on a material where bacteria proliferate.

The material is presented in different thicknesses and colours.

The smooth finish was voluntarily adopted in order to avoid any possible proliferation of bacteria between the micro-perforations. Our Mission is clear: no compromise on health

### Anti fungus (UNI EN 14119)

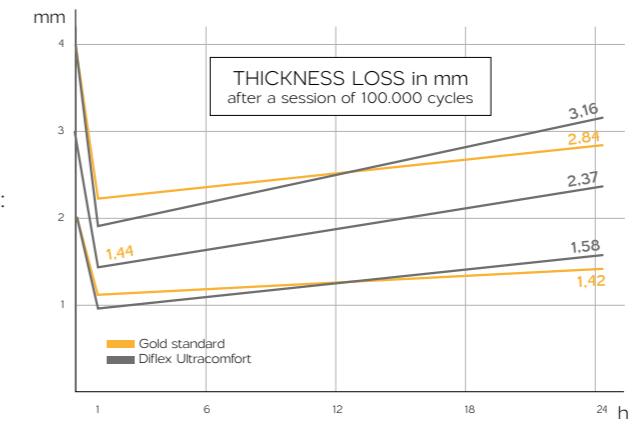
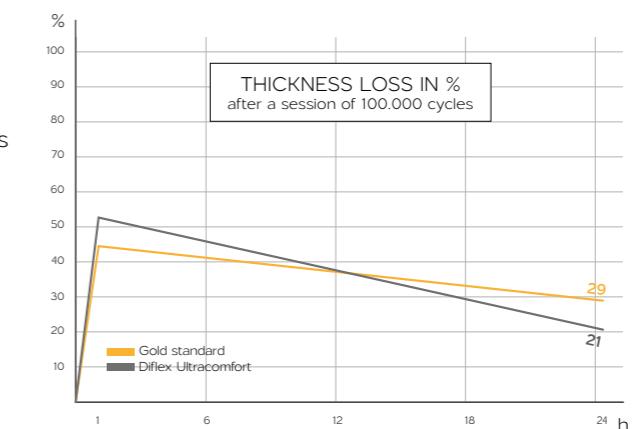
### Dermo compatible

(Cytotoxicity: ISO 10993-5;

Dermo compatibility ISO 10993-10): Diflex Ultracomfort counteracts the proliferation of fungi that can arise in the daily use of a product, but which macerate the skin: this situation must be avoided to preserve already fragile feet and skin.

### Self-shaping

The Diflex Ultracomfort is presented by Vibram and their product development partners as the best compromise between lift and self-modelling: this allows the pressure peaks to be rebalanced very quickly.



The graphs show that the VIBRAM DIFLEX ULTRACOMFORT slabs guarantee a performance in line with the GOLD STANDARD material currently present on the international market.

The material, after being subjected to a compression test of 100,000 cycles, is left to rest for 24 hours before verifying the percentage loss of thickness: the material has a loss of only 21%.

This means that a slab with a starting thickness of 4 mm, after the 100,000 cycle test and after 24 hours of rest, will have a thickness of 3.16 mm; an ideal result compared to existing materials on the market.

# A specific semi-finished product for each pathology

The Fito collection has been studied with the aim of giving the orthopedic technician a specific semi-finished product for each pathology.

The products made are the following:

## RAINBOW

A single density semi-finished insole for mild pathologies

## PROREUMA

A vault support and heel relief blank with light metatarsal support for rheumatism patients

## PRODIAB

A semi-finished product dedicated to patients with diabetes problems; the footbed has a coating in antibacterial and anti-fungal material with a full heel lift in eva support

## MODULAR

An insole compatible with the most common post-operative braces on the market to be used to relieve ulcers

## COMFORT

A specific insole for unstable foot with shock absorbing heel insert and retro-capitate metatarsal support

## INVERSO

A semi-finished insole dedicated to excess pronation

## EVERSO

A semi-finished insole dedicated to excess supination

## FASTCARE THERAPEUTIC

A specific semi-finished product for the made-to-measure service designed for a normal weight patient; its uniqueness lies in the possibility of removal and addition of material both from the top and bottom side

## FASTCARE REHAB

A mouldable semi-finished product specific for the made-to-measure service also designed for an overweight patient

# RAINBOW

## IS 0101 SIZE 28-48

Monodensity insole for mild pathologies. Processing for remove, but also on mould; offers stability and ease of processing.

### PATHOLOGIES

SLIGHT INSTABILITY  
LIGHT METATARSAL INFLAMMATION

### CHARACTERISTICS

- Physiological heel cup for uniform relief
- Physiological longitudinal vault for natural housing/support of the plantar vault
- Comfort template adaptable to most of the footwear on the market

### TECHNICIAN'S ADVICE

Level the insole and fit it to the shoe, create relief areas in the upper part and line the insole with neutral PH alcantara or with self-modeling material VIBRAM DIFLEX ULTRACOMFORT 2mm.

Cover and heel lift



Plantar arch



Plantar arch



technical data sheet  
[wellwalking.it/en/orthotics/rainbow/](http://wellwalking.it/en/orthotics/rainbow/)

# PROREUMA



## IS 0201 SIZE 35-48

An arch support and heel relief semi-finished product with light metatarsal support for rheumatism patients, designed for particularly painful and sensitive feet in the heel and forefoot. The materials that compose it offer high comfort, reduce pressure peaks, reducing impact stress and have good durability.

### PATHOLOGIES

RHEUMATOID ARTHRITIS

TOE VALGUS

HAMMER TOE

METATARSAL INFLAMMATION

HEEL INFLAMMATION

DEFORMATIONS

### CHARACTERISTICS

- Heel cup for rearfoot relief and RUBBER DISSIPATOR shock absorbing shock absorbing insert
- Longitudinal vault with containment of the talofibular area
- Retrocapitated support to the metatarsal heads shaped to uniform and balance the pressure peaks typical of rheumatic feet
- Containment of the base of the 5th metatarsal, allows a greater sensation of comfort for the patient
- Self-modelling coating in VIBRAM DIFLEX ULTRACOMFORT
- Heel lift in VIBRAM BIO EXTRALIGHT allows unparalleled shock absorption and stabilization of the foot with adaptive technology of the eva
- Convenient template to find accommodation in all rheumatic foot footwear

### TECHNICIAN'S ADVICE

Bring the insole into the shoe template and perfect the support surface. If necessary, heat with a high-temperature hot air gun (no more than 110°C). Warm up the sore spots on the heel lift and refine the seat for the foot. The ultra-comfort cover will self-model to the patient's foot.



technical data sheet  
[wellwalking.it/en/orthotics/proreuma/](http://wellwalking.it/en/orthotics/proreuma/)



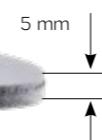
Cover and heel lift



Plantar arch



Plantar arch



# PRODIAB



## IS 0301 SIZE 35-48

A semi-finished product dedicated to patients with diabetes problems: the footbed has a lining in antibacterial and anti-fungal material with a whole heel lift in EVA SUPPORT. Allows processing by material removal. It performs at its best when working on a mould. The lining is in certified material for DIABETIC feet, free of any type of puncture, to avoid bacterial proliferation.

### PATHOLOGIES

DIABETIC FOOT

ULCERATION RISK

METATARSAL INFLAMMATION

HEEL INFLAMMATION

HAMMER TOE

### CHARACTERISTICS

- Wide semi-enveloping heel cup (for diabetic foot)
- Longitudinal vault support comfort
- Wide insole for support of the entire perimeter of the foot
- Metatarsal area physiologically unloaded
- Soft side edges for non-invasive containment
- Self-modelling coating in VIBRAM DIFLEX ULTRACOMFORT
- Heel lift in EVA MEDIUM SUPPORT

### TECHNICIAN'S ADVICE

After preparing the patient's cast, heat the insole in a ventilated oven for about 5 minutes at 80°C and when the materials are ready for thermoforming, place the insole on the cast and print it. When modelling on the removal of material simply bring to the template and find the right compromise for the size / location for any depressions.

Cover and heel lift



Plantar arch



Plantar arch



technical data sheet  
[wellwalking.it/en/orthotics/prodiab/](http://wellwalking.it/en/orthotics/prodiab/)



## MODULAR



### IS 0401 SIZE 35/36-47/48

Ambidextrous insole compatible with most post-operative braces on the market. The insole is supplied with a cover in antibacterial, fungicidal, highly self-modelling and puncture-free material; prevents the penetration of secretions and the proliferation of germs and bacteria. The heel lift stabilizes for optimal relief of the ulcerated area. Reduces the risk of recurrence and reduces the time for post-operative recovery.

#### PATHOLOGIES

POST-OPERATORY TREATMENT

PLANTAR LESIONS

#### CHARACTERISTICS

- Self-contouring, dermal-compatible coating to speed patient adaptation, relief, and healing
- Heel lift with square cells that can be removed as needed
- Containment external contour for a longer life of the insole
- Template compatible, after customization, with all post-operative footwear on the market

#### TECHNICIAN'S ADVICE

Insert the insole into the post-operative brace. Identify the position corresponding to the injured area on the insole and extract the cubes with pliers so as to create a depression. Heat the cover slightly and shape it by hand. In this way the patient will not have to adapt the insole, as it is already formed.

technical data sheet  
[wellwalking.it/en/orthotics/modular/](http://wellwalking.it/en/orthotics/modular/)



Cover and heel lift



Plantar arch



Plantar arch



## COMFORT

### IS 0501 SIZE 35-48

Comfort insole designed to accommodate a sore foot with relief of the rear foot, physiological support of the arch of the foot. Stabilizes the foot leaving a feeling of comfort.

#### PATHOLOGIES

LIGHT HEEL INFLAMMATION

LIGHT METATARSAL INFLAMMATION

FOOT VAULT STABILIZATION

#### CHARACTERISTICS

- Physiology heel cup for uniform relief
- Shock absorbing insert to improve the comfort of the back foot
- Physiological longitudinal vault for housing and natural support of the plantar vault
- Comfort template adaptable to most of the footwear on the market

#### TECHNICIAN'S ADVICE

Scale and perfect the support surface. Heat risk areas by hand and shape for best results. Mould the insole directly on the cast. Before delivering it, line it with an ECO DRY dermocompatible vegetable-based fibre.

Cover and heel lift



Plantar arch



Plantar arch



# INVERSO

## IS 0601 SIZE 35-48

Semi-finished insole designed to give stability to patients with bilateral pronated foot. It gives elastic support in the rolling of the foot and compensates for excessive pronation. It is a thin-thick insole that allows customization by the technician or insertion in technical footwear. With a 7mm rise it allows for use in walking/running footwear.

### PATHOLOGIES

BILATERAL PRONATION

VALGUS KNEES

### CHARACTERISTICS

- Shape designed to support bilateral pronated feet
- Increased longitudinal vault support
- Rear midfoot and heel angled to support pronation
- Cover in flexible and elastic EVA REBOUND
- Heel lift with differentiated support between the medial and external parts to accentuate the containing function of pronation
- Supporting medial shaped heel lift in EVA STABILITY sh A 60 extended down to below 1°
- Shaped side heel lift in EVA SUPPORT Sh A 50
- RUBBER DISSIPATOR heel cushioning insert

### TECHNICIAN'S ADVICE

Match it to the shoe and find the right support surface to balance pronation. Balance stretch and thickness to compensate for pronation. Remove material from the external area of the insole to increase fit and comfort inside the shoe. It is also possible to thermoform it on the patient's mould by inserting the semi-finished insole for 4-5 minutes in a ventilated oven at 85°C.

technical data sheet  
[wellwalking.it/en/orthotics/inverso/](http://wellwalking.it/en/orthotics/inverso/)



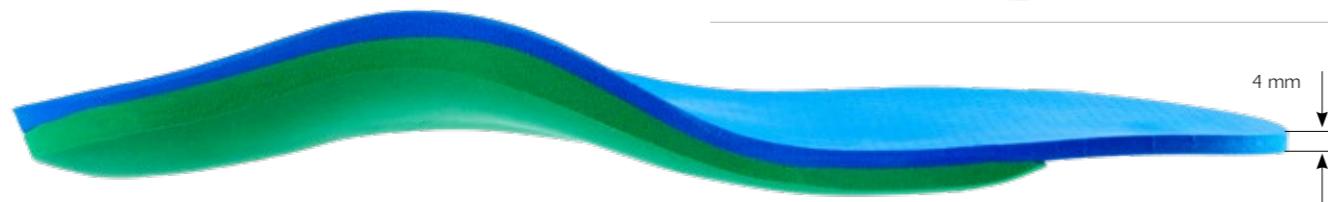
Cover and heel lift



Plantar arch



Plantar arch



# EVERSO

## IS 0701 SIZE 35-48

Insole designed to give stability to patients with bilateral supinated feet. It provides elastic support during foot roll-off and compensates for excessive supination. It is a thin insole that allows customization by the technician and insertion into technical footwear with reduced internal volume. With a 7 mm rise, it is suitable for use in walking/running footwear.

### PATHOLOGIES

BILATERAL SUPINATION

VARUS KNEES

### CHARACTERISTICS

- Shape designed to support bilateral supinated feet
- Minimum time support
- Rear midfoot angled to contain supination of the hindfoot
- Shaped external wrap to improve comfort and containment of supination and increase contact surface
- Cover in flexible and elastic EVA REBOUND
- Heel lift with differentiated support between the medial and external parts to accentuate the containing function of pronation
- Shaped external heel lift extended up to the 5th metatarsal in EVA STABILITY Sh A 60
- Scocca mediale sagomata in EVA SUPPORT Sh A 50

### TECHNICIAN'S ADVICE

Match it to the shoe and find the right support surface to compensate for bilateral supination. Balance thickness and elasticity. Offload the medial area of the footbed to increase fit and comfort inside the shoe. It is also possible to thermoform it on the patient's mould by inserting the semi-finished insole for 4-5 minutes in a ventilated oven at 85°C.

technical data sheet  
[wellwalking.it/en/orthotics/everso/](http://wellwalking.it/en/orthotics/everso/)



Cover and heel lift



Plantar arch



Plantar arch



# FASTCARE THERAPEUTIC

## IS 0801 SIZE 35-48



technical data sheet  
[wellwalking.it/en/orthotics/fastcare-therapeutic/](http://wellwalking.it/en/orthotics/fastcare-therapeutic/)



A specific semi-finished product for the made-to-measure service designed for a normal weight patient: its uniqueness lies in the possibility of removal and addition both in the upper and lower part of the semi-finished insole.

### PATHOLOGIES

MILD-MODERATE HEELS INFLAMMATION

MILD-MODERATE METATARSAL INFLAMMATION

SLIGHT-MODERATE INSTABILITY

### CHARACTERISTICS

- Detached cover in VIBRAM ULTRACOMFORT, self-modelling to make the orthosis dermo-compatible
- DAILY EVA base to create selective accommodations and rearfoot reliefs, metatarsal niches and metatarsal bar applications
- Reinforcement in TECNO FLEX for the elastic structure
- Heel lift in BIO EXTRALIGHT to absorb shocks and stabilize the foot
- Possibility of working with the removal technique both the upper and the lower part of the semi-finished insole
- Comfort template adaptable to most of the footwear on the market
- Physiological longitudinal vault for housing and natural support of the plantar vault
- Optimized footbed thickness
- Physiological heel cup for uniform relief

### TECHNICIAN'S ADVICE

Transform the semi-finished product according to all needs, remove the material in the upper part of the base to lighten the vault, to create selective depressions and possibly apply shock absorbing inserts. Refine the support surface to keep the insole stable. Complete the insole by applying the self-modeling cover in VIBRAM DIFLEX ULTRACOMFORT 2mm supplied.

Cover and heel lift



Plantar arch



Plantar arch



# FASTCARE REHAB

## IS 0901 SIZE 35-48

technical data sheet  
[wellwalking.it/en/orthotics/fastcare-rehab/](http://wellwalking.it/en/orthotics/fastcare-rehab/)



A printable semi-finished product specific for the made-to-measure service, also designed for an overweight patient with an intense active life. It combines technical materials and ease of processing with considerable savings in time and production costs.

### PATHOLOGIES

MODERATE-SEVERE INSTABILITY

MODERATE-SEVERE DECOMPENSATIONS

### CHARACTERISTICS

- It performs at its best if thermoformed on the patient's cast, for precise and fast processing
- Super elastic and heat moldable detached footbed cover
- Soft side edges for non-invasive containment
- Metatarsal area physiologically unloaded
- Comfort longitudinal vault support
- Wide sole for support of the entire perimeter of the foot
- Wide semi-enveloping heel cup (for diabetic foot)

### TECHNICIAN'S ADVICE

Use Fito resins to cast and stylize the mould in a short time. Apply glue to the body and cover: heat the heel lift in a fan oven for 4 minutes at 90°C. At the last minute of cooking, insert the coating. At the end of cooking, remove the heel lift, combine it with the covering and mould it directly on the mould. The only thermoforming for an insole on a cast.

Cover and heel lift



Plantar arch



Plantar arch



## Age corrections during development



The Fito collection has been studied with the aim of giving the orthopedic technician a specific semi-finished product for each pathology that occurs during the evolutionary phase:

### EVOLUTION CORRECTION

A semi-finished footbed with a supporting heel lift in EVA for severe pronations

### EVOLUTION FLEX

A semi-finished product with a heel lift entirely in resin (therefore elastic and thin) that can also be used in footwear for sports activities

### EVOLUTION COMFORT

A physiological insole for slight insufficiencies in the child's step

## EVOLUTION CORRECTION

### IS 1001 SIZE 20-46

technical data sheet  
[wellwalking.it/en/orthotics/evolution-correction/](http://wellwalking.it/en/orthotics/evolution-correction/)



20-34

35-46

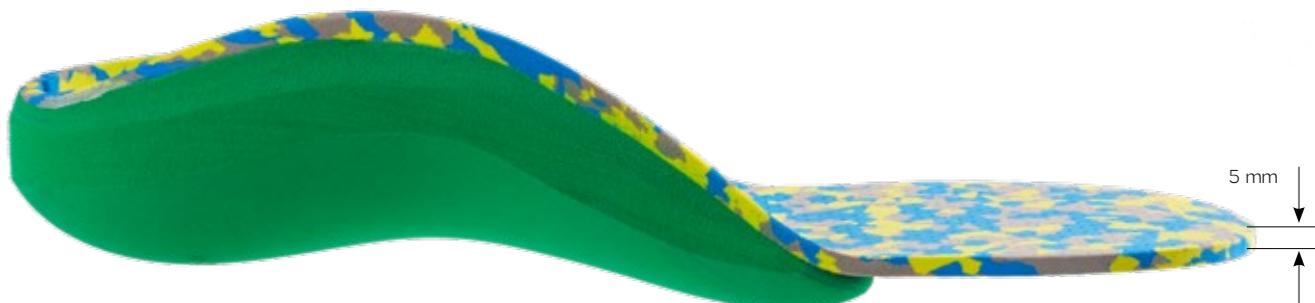


Plantar arch



### TECHNICIAN'S ADVICE

Scale it and perfect the support surface, with the hot air gun at 180°C gradually heat the areas of greatest conflict and shape it to the patient's foot, or form it on the custom-made mould by heating it in the oven for 4 minutes at 85°C.



# EVOLUTION FLEX

## IS 1101 SIZE 20-44

A semi-enveloping insole for flat feet of 1st-2nd degree which can also be used in footwear for sports and leisure activities. The combination of resins give elasticity and support in movements. Customizable by hand (by means of a heat gun) or on a mould. The EVOLUTION FLEX line includes thinner materials for children's sizes, 3mm base, and 1.2mm TECNO FLEX resin, in the teenager sizes, 5mm base and 1.9mm resin.

### PATHOLOGIES

FLAT FOOT 1ST-2ND DEGREE

### CHARACTERISTICS

- Enveloping and containing heel cup
- Longitudinal vault support to better frame the rear foot
- Insole line with differentiated specifications between child and adolescent sizes
- Possibility of customization with both hot localized heat modelling and on a mould
- Elastic heel lift to support the foot in a natural way
- Also adaptable to footwear for sports use

### TECHNICIAN'S ADVICE

Blow-dry any scaphoid housing and stabilize the rear foot with an EVA STABILITY. The insole can also fit on shoes with a reduced volume (by removing the standards insole of the shoe).

technical data sheet  
[wellwalking.it/en/orthotics/evolution-flex/](http://wellwalking.it/en/orthotics/evolution-flex/)



20-34



35-44



Plantar arch



# EVOLUTION COMFORT

## IS 1201 SIZE 20-34

A physiological insole for slight insufficiencies in the child's step. It supports and keep the rear foot in a physiological position.

### PATHOLOGIES

SLIGHT INSUFFICIENCIES

### CHARACTERISTICS

- Physiological heel cup for uniform relief
- Physiological longitudinal vault for housing and natural support of the plantar vault
- Comfort template adaptable to most of the footwear on the market
- Metatarsal area physiologically unloaded
- Comfort longitudinal vault support
- FIBER REINFOCE reinforcement for stabilization up to the base of the 1st and 5th meters
- Containment and non-invasive external lateral border

Cover and heel lift



Plantar arch



### TECHNICIAN'S ADVICE

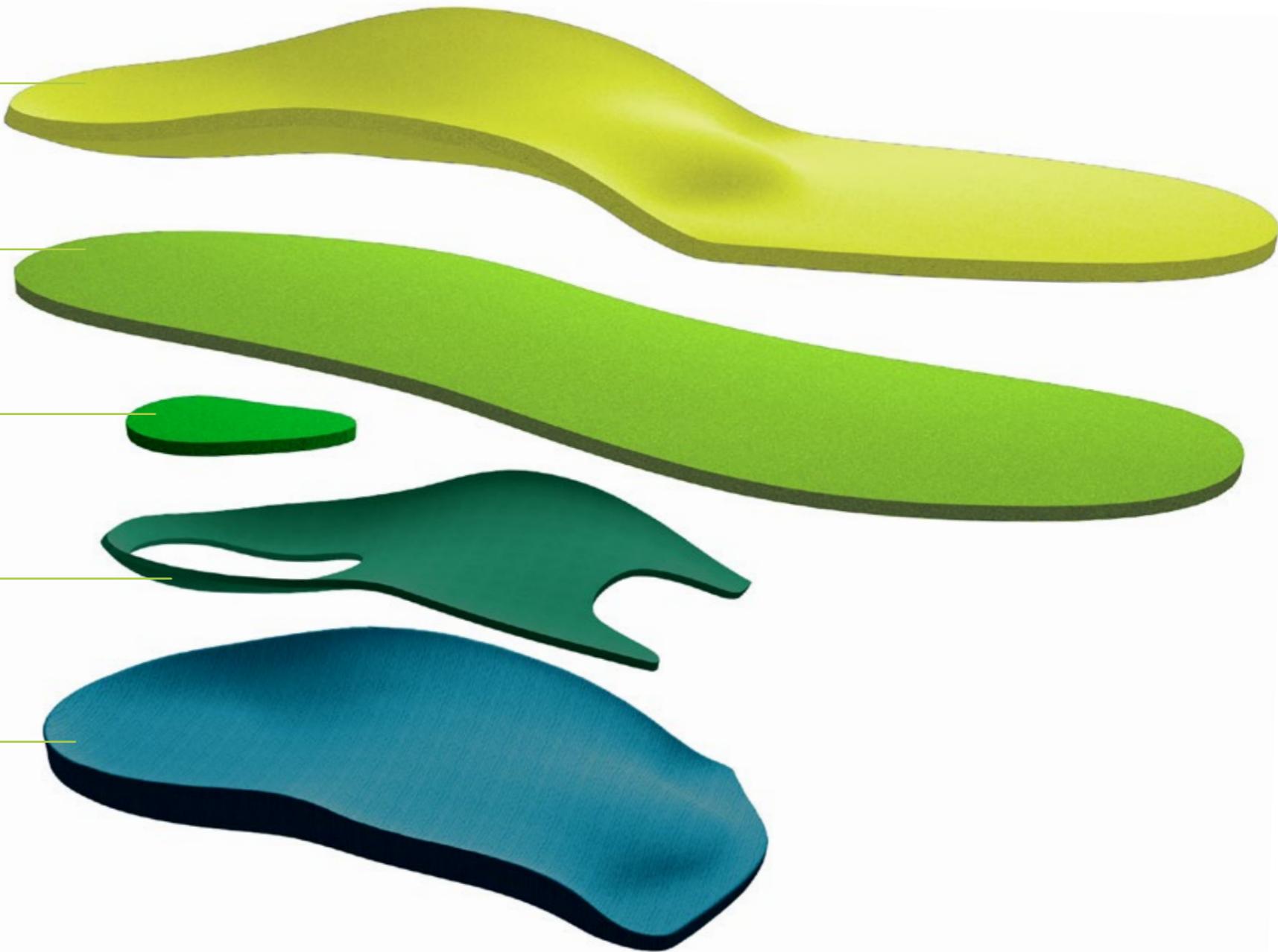
Scale it and level it, apply any wedges according to medical prescriptions (or obtain the wedges by placing the insole in the supinated or pronatory plane) and line the insole with ECO DRY for perfect cleaning and hygiene of the insole.

technical data sheet  
[wellwalking.it/en/orthotics/evolution-comfort/](http://wellwalking.it/en/orthotics/evolution-comfort/)





COVERS



BASES

INSERTS

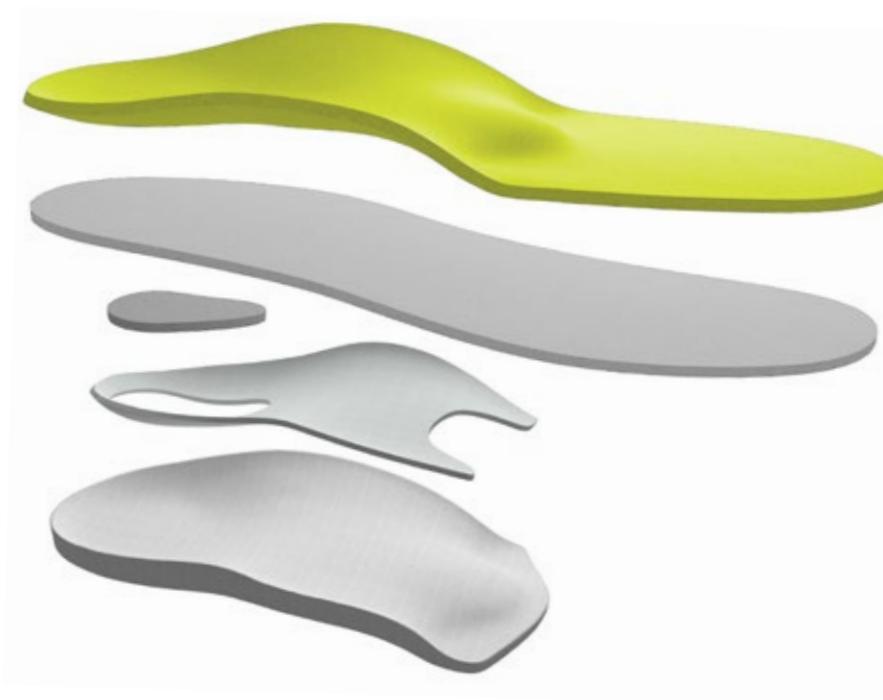
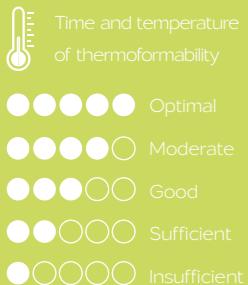
REINFORCEMENTS

HEEL LIFTS

## Technical materials

The materials that have been selected for the production of our insoles are in some cases unique, new and innovative, in others, however, they are a must that technicians traditionally use in the construction of their orthotic insoles. We made this choice for our desire to innovate and give specificity to each problem without distorting what has been known and developed up to now by orthopedic technicians.

The truth of  
the covers:  
absolute  
quality  
of the  
materials



## COVERS

### HIGH QUALITY TECHNICAL MATERIALS



IM 1001 Grey



IM 1002 Beige

#### HYPOTHALERGENIC MICROFIBER

A hypoallergenic, neutral PH and Oeko-Tex tested alcantara



THICKNESS mm 0.8 ROLL HEIGHT 1450 mm

ELASTICITY

WORKABILITY



#### HYPOTHALERGENIC MICROFIBER

A hypoallergenic, neutral PH and Oeko-Tex tested alcantara



THICKNESS mm 0.8 ROLL HEIGHT 1450 mm

ELASTICITY

WORKABILITY



technical data sheet

[wellwalking.it/en/materials/hypoallergenic-microfiber/](http://wellwalking.it/en/materials/hypoallergenic-microfiber/)



# COVERS

## HIGH QUALITY TECHNICAL MATERIALS



IM 1003 Black

### ECO DRY

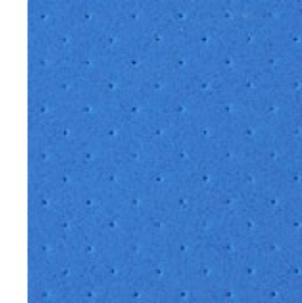
Dermo-compatible and eco-sustainable microfibre. Antibacterial, antifungal, absorbs sweat.  
Oeko-Tex tested



THICKNESS mm 0.8 ROLL HEIGHT 1400 mm

ELASTICITY

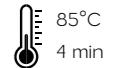
RESISTENCE



IM 1008 Blue

### EVA MICROFORATA REBOUND

Shock-absorbing micro-perforated lining, intended for those with joint trauma



THICKNESS mm

4

DURATION

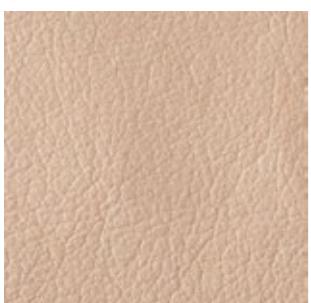
WORKABILITY

SIZE 875 x 960 mm

DENSITY 230 kg/m<sup>3</sup>

SHORE A 30

technical and safety data sheet  
[wellwalking.it/en/materials/eva-microforata-rebound/](http://wellwalking.it/en/materials/eva-microforata-rebound/)



IM 1004 Beige

### ECO DRY

Dermo-compatible and eco-sustainable microfibre. Antibacterial, antifungal, absorbs sweat.  
Oeko-Tex tested



THICKNESS mm 0.8 ROLL HEIGHT 1400 mm

ELASTICITY

RESISTENCE



IM 1009 Anthracite

### VIBRAM DIFLEX ULTRACOMFORT

Self-modelling EVA lining for rheumatic and diabetic feet (see p.10-11)



THICKNESS mm

2

3

4

5

SIZE 1140 x 750 mm

DENSITY 90 kg/m<sup>3</sup>

SHORE A 20

technical and safety data sheet  
[wellwalking.it/en/materials/vibram-diflex-ultracomfort/](http://wellwalking.it/en/materials/vibram-diflex-ultracomfort/)



IM 1005 Grey

### ECO DRY

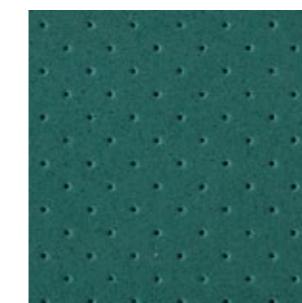
Dermo-compatible and eco-sustainable microfibre. Antibacterial, antifungal, absorbs sweat.  
Oeko-Tex tested



THICKNESS mm 0.8 ROLL HEIGHT 1400 mm

ELASTICITY

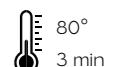
RESISTENCE



IM 1011 Green

### EVA MICROFORATA COMFORT

Standard EVA micro-perforated cover for comfort orthosis



THICKNESS mm

4

COMFORT

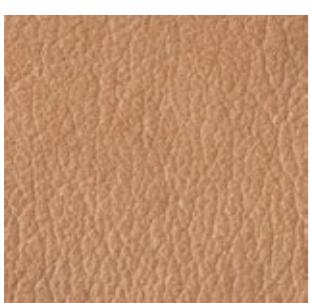
WORKABILITY

SIZE 1140x750mm

DENSITY 90 kg/m<sup>3</sup>

SHORE A 20

technical and safety data sheet  
[wellwalking.it/en/materials/eva-microforata-comfort/](http://wellwalking.it/en/materials/eva-microforata-comfort/)



IM 1006 Camel

### ECO DRY

Dermo-compatible and eco-sustainable microfibre. Antibacterial, antifungal, absorbs sweat.  
Oeko-Tex tested



THICKNESS mm 0.8 ROLL HEIGHT 1400 mm

ELASTICITY

RESISTENCE

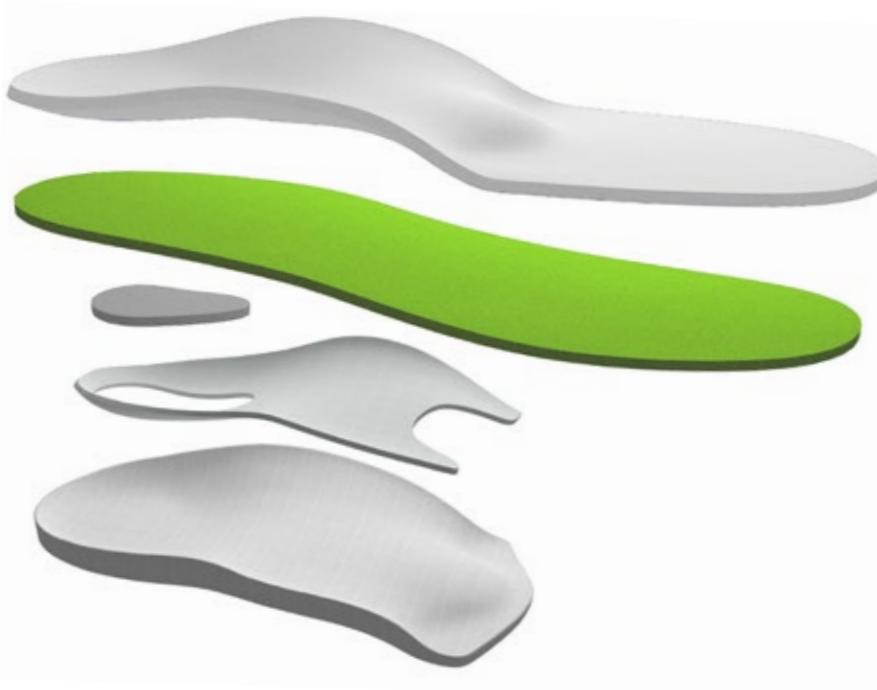


data sheet  
[wellwalking.it/en/materials/eco-dry/](http://wellwalking.it/en/materials/eco-dry/)

## 4 material variants for a basic choice

- Time and temperature of thermoformability
- Optimal
- Moderate
- Good
- Sufficient
- Insufficient

PRONTA CONSEGNA  
SEMPRE  
**IN STOCK**  
ALWAYS  
RAPID DELIVERY



Fito offers four variants of material, by type of use, from the most compact and dense to the softest and most comfortable to differentiate the use from non-invasive orthotics to those that require greater stability. Are proposed:

### EVA DAILY

A comfort eva material for non-invasive orthoses

### EVA REUMADIAB

An eva material, with rubber additive, suitable for an orthotics for diabetics and/or rheumatics

### EVA MULTICOLOR

Base material with good characteristics of hardness and density

### EVA PROPELLIVE

Solid and compact material for orthoses for sports use

## BASES

### HIGH QUALITY TECHNICAL MATERIALS

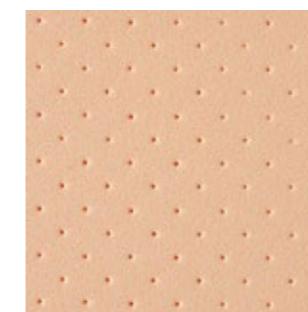
#### EVA DAILY

Comfort EVA material for non-invasive orthoses



SIZE 1050 x 1050 mm  
DENSITY 140 kg/m<sup>3</sup>  
SHORE A 28

technical and safety data sheet  
[wellwalking.it/en/materials/eva-daily/](http://wellwalking.it/en/materials/eva-daily/)



IM 2001 White

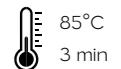
#### EVA REUMADIAB

EVA with rubber additive, suitable for an orthosis for diabetics and/or rheumatics



SIZE 1200 x 750 mm  
DENSITY 167 kg/m<sup>3</sup>  
SHORE A 30

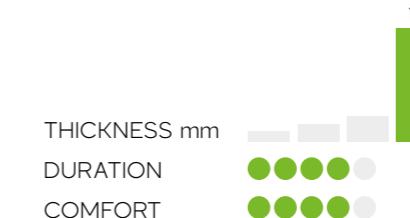
technical and safety data sheet  
[wellwalking.it/en/materials/eva-reumadiab/](http://wellwalking.it/en/materials/eva-reumadiab/)



IM 2002 Pink

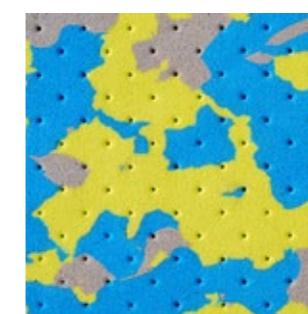
#### EVA MULTICOLOR

Base material with good characteristics of hardness and density



SIZE 925 x 950 mm  
DENSITY 230 kg/m<sup>3</sup>  
SHORE A 33

technical and safety data sheet  
[wellwalking.it/en/materials/eva-multicolor/](http://wellwalking.it/en/materials/eva-multicolor/)



IM 2003 Blue Green Yellow Red

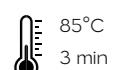
#### EVA PROPELLIVE

Solid and compact material for orthoses for sports use

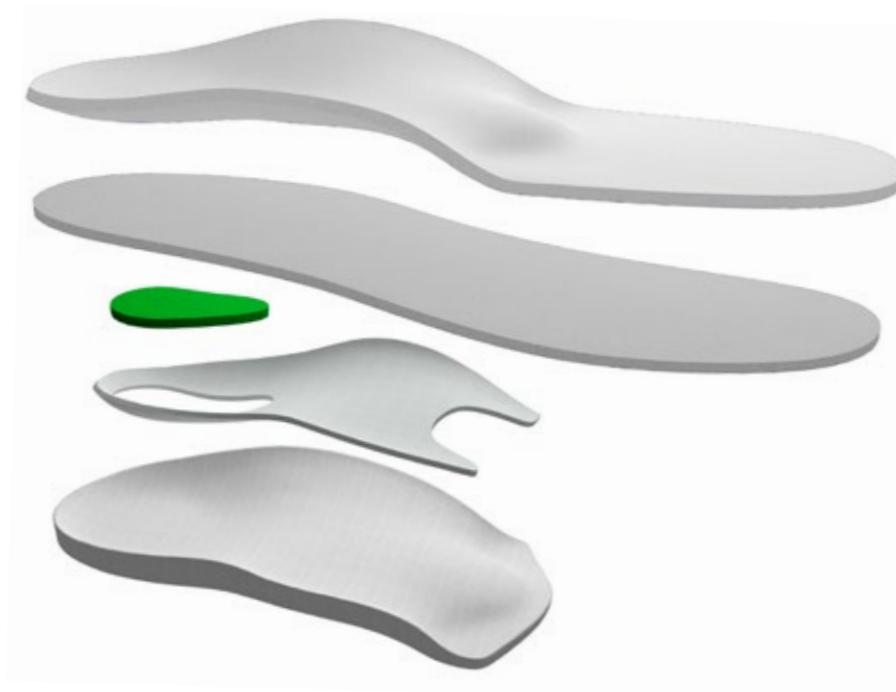
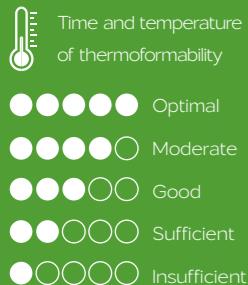


SIZE 875 x 960 mm  
DENSITY 240 kg/m<sup>3</sup>  
SHORE A 45

technical data sheet  
[wellwalking.it/en/materials/eva-propulsive/](http://wellwalking.it/en/materials/eva-propulsive/)



Minimum elements of maximum importance. In different densities



## INSERTS

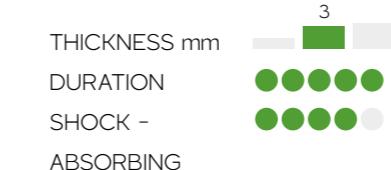
### HIGH QUALITY TECHNICAL MATERIALS

#### RUBBER DISSIPATOR

Rubber and PU inserts on the back of the foot



IM 3001 Grey



SIZE 1000 x 1000 mm  
DENSITY 280 kg/m<sup>3</sup>  
SHORE A 15

technical data sheet  
[wellwalking.it/en/materials/rubber-dissipator/](http://wellwalking.it/en/materials/rubber-dissipator/)



#### MIX CEL EXPERTENE 400

Mixed structure with propulsive effect



IM 3002 Brown



SIZE 750 x 500 mm  
DENSITY 400 kg/m<sup>3</sup>  
SHORE A 20

technical data sheet  
[wellwalking.it/en/materials/mix-cel-expertene-400/](http://wellwalking.it/en/materials/mix-cel-expertene-400/)

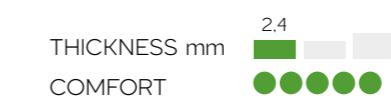


#### PU PORON COMFORT

Polyurethane with cushioning effect



IM 3003 Green



ROLL HEIGHT 1370 mm  
DENSITY 120 kg/m<sup>3</sup>  
SHORE AT 18

technical data sheet  
[wellwalking.it/en/materials/pu-poron-comfort/](http://wellwalking.it/en/materials/pu-poron-comfort/)



#### EVA PROTECTIVE

EVA with characteristics of thermoformability and elasticity



IM 3004 Blue



SIZE 875 x 960 mm  
DENSITY 230 kg/m<sup>3</sup>  
SHORE A 30

technical and safety data sheet  
[wellwalking.it/en/materials/eva-protective/](http://wellwalking.it/en/materials/eva-protective/)



# REINFORCEMENTS

Time and temperature of thermoformability

- Optimal
- Moderate
- Good
- Sufficient
- Insufficient

Elastic responses to stresses. High quality resins

Fito offers three different types of reinforcement, in different thicknesses, which have different degrees of stiffness or flexibility.

The different types of resins have different elastic responses in order to build the correct insole orthosis.

Fito offers only high-performance resins that can be grafted onto each other:

## FIBER REINFORCE

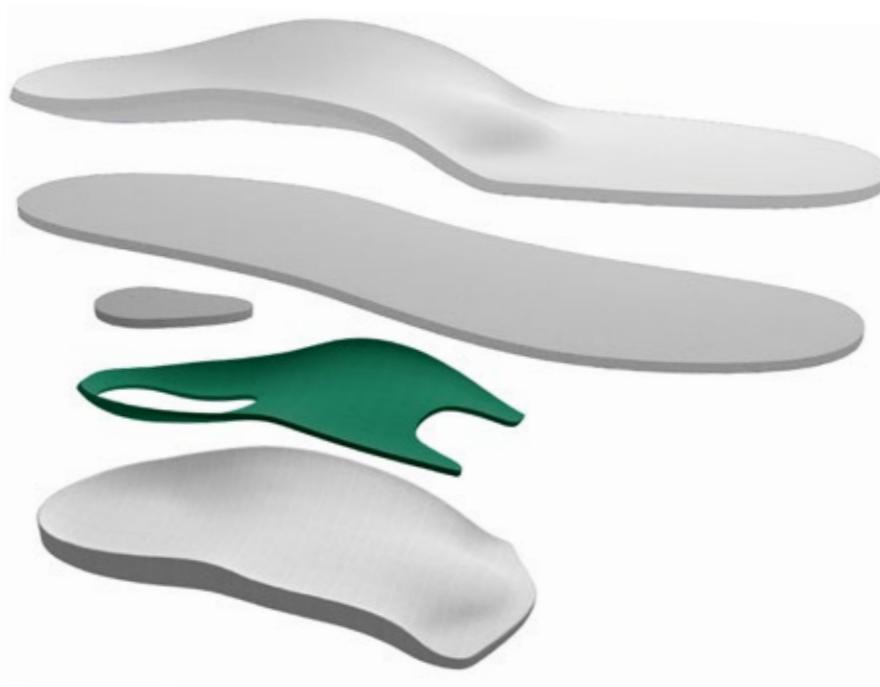
A standard thermoformable resin

## TECNO FLEX REINFORCE

A thermoformable performance resin

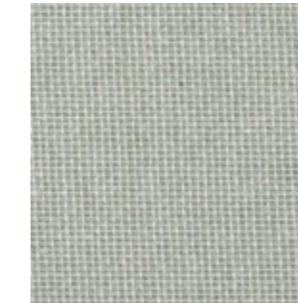
## CARBON REINFORCE

A carbon look resin



# REINFORCEMENTS

## HIGH QUALITY TECHNICAL MATERIALS



IM 4001 Grey

### FIBER REINFORCE

Standard thermoformable resin

THICKNESS mm 0.8 1.2 1.9 SIZE 750 x 1000 mm

HARDNESS ●●●●○

FLEXIBILITY ●●●●○○

DURATION ●●●●○○

85°C  
4 min

technical and safety data sheet  
[wellwalking.it/en/materials/fiber-reinforce/](http://wellwalking.it/en/materials/fiber-reinforce/)



IM 4002 White

### TECNO FLEX REINFORCE

Thermoformable performance resin with greater durability and elasticity

THICKNESS mm 0.8 1.2 1.9 SIZE 750 x 1000 mm

HARDNESS ●●●●●

FLEXIBILITY ●●●●●●

DURATION ●●●●●●

90°C  
4 min

technical and safety data sheet  
[wellwalking.it/en/materials/tecnoflex/](http://wellwalking.it/en/materials/tecnoflex/)



IM 4003 Anthracite

### CARBON REINFORCE

Carbon look resin

THICKNESS mm 1.2 SIZE 750 x 1000 mm

HARDNESS ●●●●○

FLEXIBILITY ●●●●○○

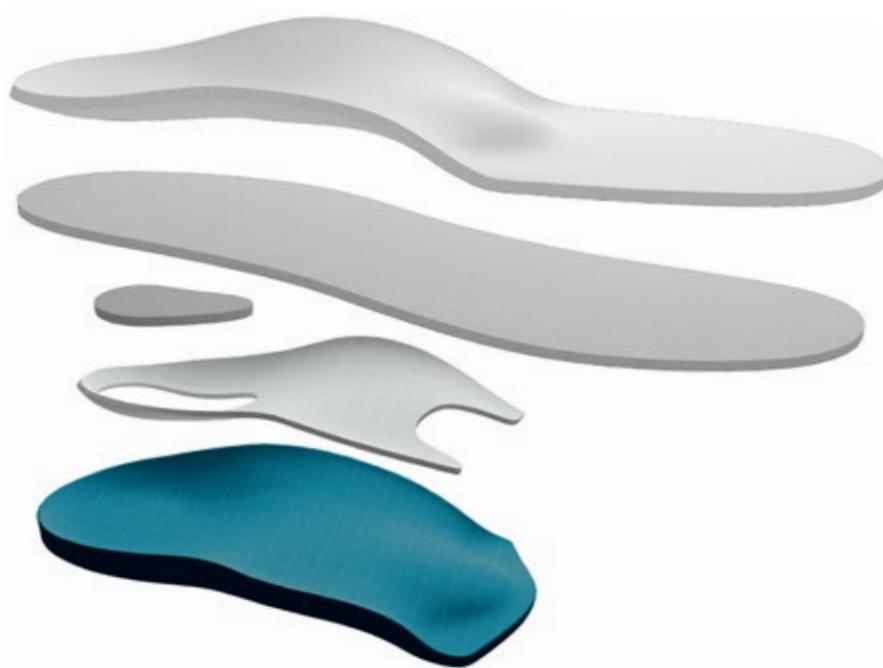
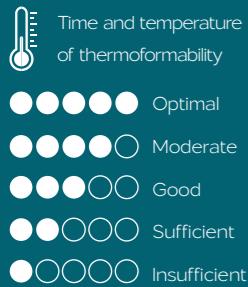
DURATION ●●●●○○

90°C  
4 min

technical and safety data sheet  
[wellwalking.it/en/materials/carbon-reinforce/](http://wellwalking.it/en/materials/carbon-reinforce/)



4 variants  
of material  
because  
each  
choice has  
its weight



Fito offers four types of material with different densities in order to create the correct insole according to the weight of the patient and his pathologies:

#### EVA LOW SUPPORT

Suitable for light weight people and/or people who need non-invasive drainage

#### EVA MEDIUM SUPPORT

Suitable for normal weight people who need support

#### EVA HIGH SUPPORT STABILITY

Suitable for heavy people and important corrections

#### VIBRAM BIO EXTRALIGHT

Suitable for heavy weight people with sore joints

## HEEL LIFTS

### HIGH QUALITY TECHNICAL MATERIALS

#### EVA LOW SUPPORT

Suitable for light weight people and/or people who need non-invasive support



IM 5001 Ash grey



SIZE 925 x 950 mm  
DENSITY 220 kg/m<sup>3</sup>  
SHORE A 40

technical and safety data sheet  
[wellwalking.it/en/materials/eva-low-support/](http://wellwalking.it/en/materials/eva-low-support/)



IM 5002 White



SIZE 870 x 950 mm  
DENSITY 240 kg/m<sup>3</sup>  
SHORE A 50

technical and safety data sheet  
[wellwalking.it/en/materials/eva-medium-support/](http://wellwalking.it/en/materials/eva-medium-support/)

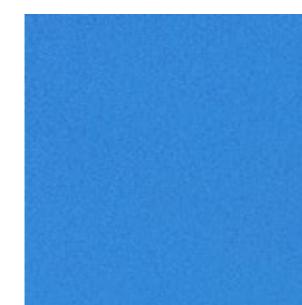


IM 5003 Green



SIZE 820 x 900 mm  
DENSITY 260 kg/m<sup>3</sup>  
SHORE A 60

technical and safety data sheet  
[wellwalking.it/en/materials/eva-high-support/](http://wellwalking.it/en/materials/eva-high-support/)

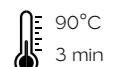


IM 5004 Blue



SIZE 1300 x 700 mm  
DENSITY 230 kg/m<sup>3</sup>  
SHORE A 60

technical and safety data sheet  
[wellwalking.it/en/materials/vibram-bio-extralight/](http://wellwalking.it/en/materials/vibram-bio-extralight/)



#### VIBRAM BIO EXTRALIGHT

Suitable for people of normal weight with sore joints



# CONSUMABLES



All that is  
necessary

Fito offers the materials necessary for the creation of moulds to create orthotic insoles or custom-made shapes:

**PODOGRAPHIC CARD**

**PHENOLIC FOAM**

**RESIN, HARDENER**

**AND FILLER FOR MOULDS**



## CONSUMABLES

### HIGH QUALITY MATERIALS

#### PHENOLIC FOAM



IM 6001 25 pz

##### FOAM

Phenolic foam for taking measurements, high for voluminous feet and for enveloping insoles, low, for orthotic constructions for children, and super thin, non-enveloping orthosis.

32.5 x 15.0 x 5.5 cm



IM 6002 50 pz

32.5 x 14.0 x 3.5 cm

technical and safety data sheet  
[wellwalking.it/en/materials/phenolic-foam/](http://wellwalking.it/en/materials/phenolic-foam/)



#### PODOGRAPHIC CHART



##### CHART

Podo graphic chart for analysis of static loads, and annotations on the construction of the orthosis insole.

IM 6003 25 pz



technical data sheet  
[wellwalking.it/en/materials/podographic-chart/](http://wellwalking.it/en/materials/podographic-chart/)

# CONSUMABLES

## HIGH QUALITY MATERIALS

### IMPRINT KIT



IM 6004 10 Kg



IM 6005 6 Kg



IM 6006 15 Kg

#### RESIN, HARDENER AND FILLER

Polyurethane resin kit for making casts, easy and quick to work with. In a few minutes it generates a solid and lasting cast; in addition, with the charge you save resin.



technical and safety data sheet  
[wellwalking.it/en/materials/resin-hardener-filler/](http://wellwalking.it/en/materials/resin-hardener-filler/)

#### NEEDED:

Transparent film in roll

Precision balance

Plastic container, PP (recommended no more than 3/4 litres)

Spatula for mixing

#### INSTRUCTIONS:

Prepare the impression for casting, covering it with transparent film, making it adherent to the shape of the impression. Place the PP container on the scale and zero the tare. Once the number of the impression has been defined, pour the corresponding quantity of charge (IM 6006) into the container. Reset the tare and pour the base resin (IM 6004) into the container. Reset the tare and pour the hardener (IM6005). Mix the mixture with a spatula for 15-20 seconds, amalgamating the mixture (mix from bottom to top, and paying attention to the edges).

Pour the compound obtained into the impression.

#### ADVICE:

The working time of the resin is very short, it is not recommended to prepare castings for more than 2/3 pairs at a time. The resin will be hardened after 10 minutes, workable after about 30 minutes. It is advisable to perfect the foam impression as much as possible to optimize the working time on the resin cast.

#### CONSUMPTION TABLE

Q.ty	Size	Resin	Hardener	Charge
1	20-25	190 g	115 g	170 g
1	26-30	250 g	150 g	220 g
1	31-34	310 g	190 g	280 g
1	35-38	370 g	225 g	340 g
1	39-41	480 g	290 g	430 g
1	42-44	590 g	360 g	540 g
1	45-48	650 g	390 g	600 g
2	20-25	380 g	230 g	340 g
2	26-30	500 g	300 g	440 g
2	31-34	620 g	380 g	560 g
2	35-38	740 g	450 g	680 g
2	39-41	960 g	580 g	860 g
2	42-44	1180 g	720 g	1080 g
2	45-48	1300 g	780 g	1200 g



technical and safety data sheet  
[wellwalking.it/en/materials/charge-for-resin/](http://wellwalking.it/en/materials/charge-for-resin/)

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